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Page 21

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Pages 12–13

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MARTLET

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Playing the fool for MuchMusic

VJ search comes to UVic

Page 17

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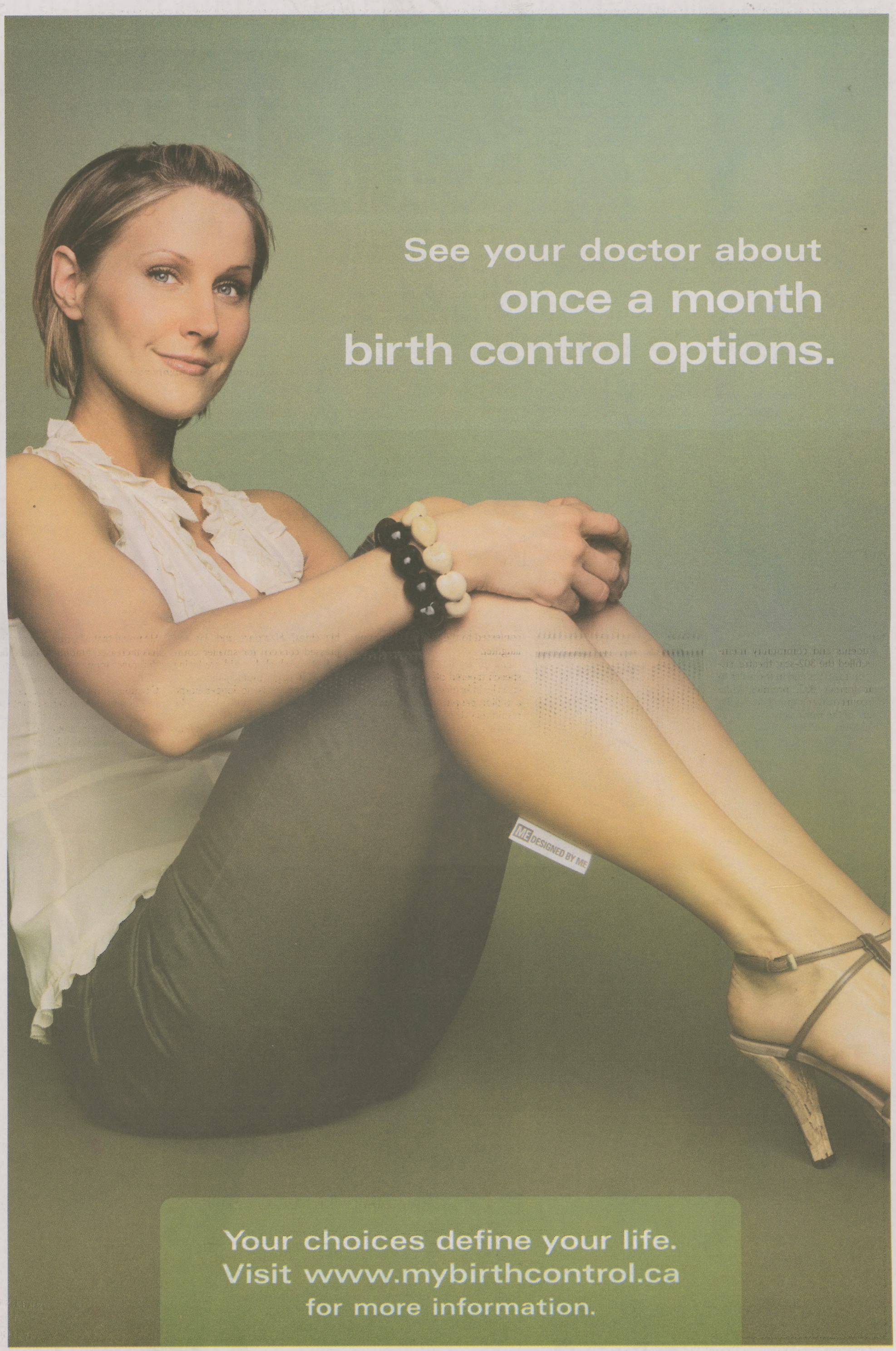
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Campbell pledges funds for crystal meth programs

B.C. premier responds to cities' demands with $7 million and a new crystal meth secretariat

by Matthew Gauk

Premier Gordon Campbell pledged $7 million to fight crystal methamphetamine (meth) addictions at the Union of British Columbia Municipalities (UBCM) convention Sept. 29.

A resolution passed at the UBCM convention earlier that week demanded the government make a number of changes to deal with the growing problem of crystal meth abuse and addiction in B.C.

The Liberal government responded with $3 million dollars for public education programs, $2 million for community awareness programs, and $2 million for detoxification treatment programs.

"Regarding the recent announcements, we're encouraged that the provincial government is taking crystal meth seriously," said Mark McLaughlin, president of the Crystal Meth Victoria Society, in response to the government's plan. "We are waiting to learn more about how the grants will be distributed. We are pleased to see some support for treatment programs, but we need to see more of this as well as innovative programs for implementation."

Crystal meth is a synthetic stimulant drug that induces a strong feeling of euphoria and is highly psychologically addictive. The original UBCM resolution asked for limited public access to the over-the-counter ingredients used to make the street drug, funding for programs to increase public awareness, assistance to deal with at-risk groups, funding for addiction treatment, and additional policing and safety inspections.

In addition to the promised funding, the Premier announced that regional seminars organized by the Solicitor General will be delivered to inform communities about the spread of crystal meth use, and a new provincial government position for a crystal meth secretariat will be created within the Ministry of the Solicitor General.

"We know one thing for sure—successful prevention and treatment programs start at the street level and in local communities," Campbell said. "They work when communities drive them. These initiatives will help municipal leaders engage in helping the provincial government solve the crystal meth problem in British Columbia. Young people in B.C. depend on us doing that."

The Crystal Meth Victoria Society, a non-profit, volunteer-run society, is sceptical about whether Campbell's government will be successful in solving the problem.

"The province can do what the province can do, but the communities themselves need to be proactive to deal with this issue," said McLaughlin. "Regarding treatment programs, we need to see more [money]—$2 million is just a beginning. When you put that out to different communities it isn't a huge amount, but it's better than nothing."

With only five detox beds currently serving the whole of Vancouver Island, the need is great, says Jagrup Brar, NDP MLA for Maple Ridge and Public Safety and Solicitor General critic. He and his party support the UBCM resolution.

"Two million dollars will bring in 28 beds in all the province," he said. "People in different communities are ready and willing to work on this and they need the support and resources to help them."

The groups leading the fight against crystal meth face a lot of roadblocks. One of the challenges is liaising with the 13 municipalities in the Capital Regional District, two hospitals and several police departments. Another is a lack of credible statistics.

"The police are only now starting to have an outlook for recording data that has a meth angle to it, the prisons are only now thinking in terms of having a line in their forms that says meth involvement. When we're asked for hard statistics it's very engaging to reply," said McLaughlin. "I think there's a huge unmet need of leadership and information on crystal meth addiction. There are so many families in duress as a result of a family member's addiction."

For more information on crystal meth addiction and the Crystal Meth Victoria Society, visit www.crystalmethbc.ca.

AARON MCMILLAN PHOTO

Crystal methamphetamine is highly psychologcally addicitive and can be made with legal, readily-accessible, over-the-counter ingredients.

Former premier shares vision of sustainable cities

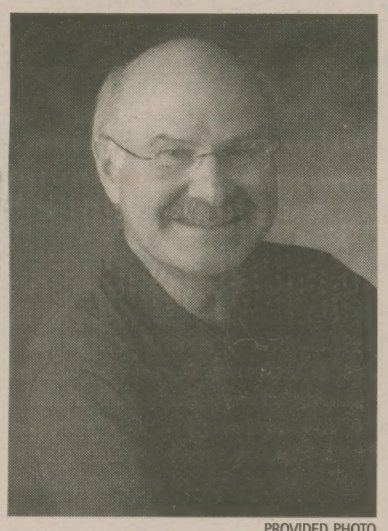
by David Karp

The Cinecenta was packed Sept. 30—not for a movie, but for a lecture.

Students and community members filled the 302-seat theatre, sitting on the floor and in the aisles to hear former B.C. premier Mike Harcourt deliver a speech about the future of the world's growing cities.

Harcourt, who served as mayor of Vancouver and premier of B.C. between 1980 and 1996, spoke for approximately 30 minutes as part of a lecture hosted by the Faculty of Business. The free lecture was a stark contrast to the $500 per plate dinner the former politician had attended the night before at Vancouver's Fairmont Waterfront Hotel, where he was awarded the Woodrow Wilson Award for Public Service.

The 62-year-old Harcourt received a warm reception as he limped toward the podium to speak about sustainable cities. Harcourt was partially paralyzed when he fell off a cliff and broke his neck at his Pender Island cottage nearly two years ago.



PROVIDED PHOTO

Mike Harcourt spoke at UVic Sept. 30.

"Hi, my name is Mike, and I'm a recovering politician," Harcourt confessed to the crowd, prompting laughter.

The jokes in the ex-premier's speech tapered off quickly, however, as he informed the assembly that a million people die each year from respiratory diseases in China alone.

With a predicted world population of 8.5 billion by 2025, Harcourt said, "We are facing an urban tsunami."

Harcourt stressed the need for new urban technologies, saying solar panels, zero-emission vehicles and energy and cooling systems will be important for the future.

"You can't forecast the future, but you can choose the kind of future you want," Harcourt told listeners, encouraging sustainable population growth. He boasted of a 100-year plan for Vancouver—a plan that won him and others a worldwide competition.

"Over 90 per cent of the immigrants that come to Canada go to big cities," Harcourt said. He expressed concern for smaller communities, which he said are losing people to larger municipalities.

"Our species is no longer homo sapiens; we are homo urbanis," he said.

Harcourt explained it is important to get that message out to ordinary people. He used blue boxes as an example of the kind of habit urban-dwellers need to adopt en masse, saying that for a city to be sustainable, citizens have to be directly involved in activities like recycling.

Harcourt also praised Prime Minister Paul Martin for his efforts in working toward sustainable cities.

"I think it's no secret that I am not a Liberal," said Harcourt, who spent his entire political career as a New Democrat. Martin, a Liberal, appointed Harcourt as chair of an External Advisory Committee on Cities and Communities in 2003. He noted that Martin's government has increased funding to cities, but that more money would be useful.

The ex-premier said the 2010 Olympics have given B.C. the perfect opportunity to demonstrate socially and environmentally responsible innovation, calling the games the "Sustainability Olympics."

As for Victoria, Harcourt praised the city's efforts to promote bicycle use. He was also enthusiastic about the UVic School of Business' initiative in offering a program in sustainability.

"The people at this university that are focussed on these kinds of issues are to be congratulated, and this university is to be congratulated," he said. "It is a terrifying age that we are in, and it is a hugely exciting age we are in."

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Homeless campout at St. Ann's continues

AARON MCMILLAN PHOTO

A tent city was erected at St. Ann's Academy Sept. 23 and has since grown into a camp of over a dozen tents sheltering several of Victoria's homeless. The tent city was organized by supporters of David Arthur Johnston, a Victoria homeless man who is fighting in provincial court for the right to sleep on the downtown property without being woken by police. Johnston will hear the results of his trial Oct. 25.

Hope for young and old with chronic conditions

Centre on Aging offers coping programs

by Matthew Gauk

The UVic Centre on Aging is leading the way in helping people with chronic diseases cope with their conditions.

The Centre's Chronic Disease Self-Management Program (CDSMP) is a free, province-wide, six-session course open to any members of the community living with chronic health conditions, as well as family members and caregivers.

Trained volunteer leaders, most of whom have dealt with chronic conditions personally, impart information, skills, and confidence to small groups of participants. People learn about healthy eating, exercise, communicational skills and medication management, and how to deal with emotional anger.

"It complements what health care professionals are doing, it helps people act on different information they get—fitting exercise and healthy eating into their lifestyle," said Sherry Lynch, acting co-ordinator for the Vancouver Island region of the CDSMP.

The internationally implemented program was developed at Stanford University for people living with arthritis. Several years later, the program was developed for people living with a range of chronic health conditions. This program was tailored for B.C. and has been implemented as a research project for the past three years.

"The issues people are dealing with are pretty much same across the board—fatigue, pain," said Lynch. "If you want to change behavior it's best done in small groups. You get support, you get modeling. If someone has taken up walking and lost 30 pounds someone else can say, 'Hey, you know if he did it and has diabetes, maybe I can, too.'"

Studies show that participants are recording less pain, less depression, and fewer hospitalizations, according to Lynch.

"It really trains people to be good self-managers. You see health care professionals maybe a total of 24 hours in a year, but all those other days that you're on your own you have to manage yourself."

Emily Clough is a UVic law school student who has had problems with fibromyalgia and arthritis, and has taught three courses for the CDSMP.

"The quality of life can get lower for people with chronic conditions. It's easy to get depressed and stressed," said Clough. "But you really notice a change in people while they're in the program."

Chronic diseases can affect young people as well as old. Many UVic students in their teens and twenties live with diabetes and arthritis.

"Some of the group leaders are young and speak about this difficulty because people think that it can't happen to young people, because they look fine," said Lynch. "Sometimes people feel overwhelmed and alone. Getting that support is really key."

For more information on the CDSMP course, call 1-866-902-3767.

NEWS BRIEFS

UVic asks Telus not to service pay phones

After receiving a complaint that Telus payphones on campus no longer accept coins and only take credit cards, the Martlet has learned that Telus has been asked not to service their on-campus phones by UVic.

A Telus spokesperson said Tuesday that about 20 per cent of UVic's payphones are currently "remotely alarming," which means Telus is currently receiving a signal from these phones indicating that they can no longer take coins. In most cases this means the coin boxes are full, so the phones have automatically reverted to credit card-only service.

According to Maria Lironi of UVic Communications, UVic and Telus operate under a protocol that allows the university to reserve the right to refuse service. Lironi said the University requested the service pause after the Telus lockout began two months ago due to concerns the presence of Telus workers on campus might prompt secondary picketing from people sympathetic to locked out Telus employees.

Both UVic and Telus stressed that all payphones are still capable of processing 9-1-1 emergency calls. Lironi said UVic will only make requests for repairs before the Telus lockout ends if the situation is going to have a significant impact on conducting university business, or if the situation poses a risk to personal safety, and that UVic is advising students who are inconvenienced by the labour dispute to consider cell phones.

"If a customer says, 'Don't service our phones,' we respect that," said a Telus spokesperson. "As soon as we can come on campus to fix these phones they will be able to take change again."

The charge for a local call charged to a credit card on any Telus payphone is $1.14—the regular 25-cent charge, plus a 75-cent service fee, and GST and PST.

-Kate Webb

CBC negotiators strike a deal

Canadian Broadcasting Corporation (CBC) management and the Canadian Media Guild (CMG) reached an agreement in principle Monday that marked the beginning of the end of a lockout that has been ongoing since Aug. 15.

The agreement outlined a contract that will be written guaranteeing CBC employees that permanent staff positions will remain the standard for employment at CBC.

The deal will improve contract and temporary employees' rights, and ensure a wage increase of 12.6 per cent for all employees by the time the contract expires on March 31, 2009. All employees, including temporary and contract employees, will receive retroactive pay to compensate for lost wages. They will also receive a $1,000 signing bonus.

For the first time, members in the Northern Service who have to work in more than one language will receive an interpreters' premium of $800 per year.

The fine print of the contract has not yet been completed and back to work protocols are still being discussed.

The lockout that has affected 5,500 CBC employees since mid-August was entering its 50th day when the agreement was made.

-Kate Webb

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HIV/AIDS levels hit record high among young Canadians

Health Services says indicators have been pointing to increased risk levels at UVic over the past two years

by Emilie Januszewski

AIDS is not the disease of Africa, homosexuals, or even of decades past. It is an ever-present danger that threatens more Canadians today than ever.

Yet in a 2003 study by the Canadian AIDS Society, Canadian youth were found to be both less informed and less concerned about the risk of contracting the deadly disease than their same-age counterparts were in 1989.

The study found that 66 per cent of grade seven students and 50 per cent of grade nine students did not know there is no cure for HIV/AIDS.

A recent *CTV News* poll also found "youngsters think AIDS is an old person's disease, a disease that belonged to the generation before them."

But according to Health Canada, half of all new HIV infections worldwide are among young people. The department's website states that youths are generally more at risk due to "risky sexual behaviours, substance abuse, and perceptions that HIV is not a threat."

Hazardous sexual behaviours include the tendency not to use condoms, which is "more common among young women than it is among young men."

And despite common misconceptions, 63 per cent of positive HIV tests in the 15–19 age range stem from heterosexual encounters. According to Health Canada's 2003 *Women's Health Surveillance Report*, "females in the 15 to 29 year range accounted for 44.5 per cent of all positive HIV test reports" in Canada. This was a 41 per cent increase from 2000.

UVic Health Services has noticed indicators over the last two years that the trend of high infection rates among young women may be impacting UVic.

Dr. William Dyson, director of UVic Health Services, explains that those in the health profession use chlamydia as a marker to measure the risk of HIV infection in the heterosexual community. The incidence of the sexually transmitted disease reported at UVic Health Services has risen steadily over the past two years.

The actual number of students with HIV at UVic is unknown, since not all students use the health services on campus, but Dyson says there is a small population of anonymous infected students known to him.

"STDs of all sorts are often acquired in a situation where alcohol has been consumed to the point that usual precautions of partner risk screening is not done, and then condoms are not used as well," he said.

An estimated 56,000 Canadians are living with HIV/AIDS, including approximately 17,000 people who are unaware of their infection. AIDS is caused by the HIV virus, which attacks the body's immune system and makes it susceptible to common infections and unusual cancers.

According to Nichole Downer, Programs Consultant for the Canadian AIDS Society, the rising rate of sexually transmitted infections at UVic and among Canadian women "matches the international trend of women becoming increasingly affected by HIV/AIDS."

Biologically, she says, women are at greater risk of contracting HIV and AIDS because the diseases are transmitted eight times more efficiently from men to women than from women to men.

For more information on HIV/AIDS, students can visit UVic Health Services, which is located on campus and open weekdays from 8:30 a.m. to 4:30 p.m., with the exception of Tuesday when the clinic opens at 9:30 a.m.

The office can also be reached at 721-8492, or visited online at www.stas.uvic.ca/health.

The Canadian Aids Society has begun a campaign to make young women aware of their risk of infection.

Know Your Risk - Know Your Choices can be accessed online at www.cdnaids.ca/risks/choices.

PROVIDED PHOTO

The HIV virus may look like something out of a sci-fi movie, but it's impacting young women in numbers that are all too real.

Virtual university offers students alternatives to campus learning

by Micah Luxen

For anyone fed up with early morning classes or confounded by scheduling conflicts, there is a way to pick up classes from the comfort of your home computer.

Canadian Virtual University (CVU) is a group of 12 accredited Canadian universities, including Royal Roads, Cape Breton and Acadia, which offers students the option to take classes online while completing their degree.

CVU provides course requirements for diploma, degree, masters and even doctorate programs throughout Canada.

"Students choose an online or distance course primarily because of the flexibility," said Vicky Busch, executive director of CVU. "Online courses are great for students who want to fast track their degree, who have dropped a class and need to pick one up mid-term, or whose work conflicts with typical class times."

CVU allows students to search one website rather than 12 different universities' websites to find online courses. Some courses are offered entirely over the Internet, with web conferencing and a range of interactive features. Other courses are delivered via print packages, offering audio and videotapes as learning tools.

"I found the quality of the courses very good," says CVU student Carol Wilson. "The level of expertise of the professors was high caliber, as well as the expertise and experiences of my colleagues."

Many students have found virtual education to be a convenient alternative to traditional on-campus learning. Last year, over 100,000 students in Canada and the U.S. took courses from CVU.

Another CVU student, Belynda Lee-Tjandra, says CVU allowed her to complete her degree while raising children as a single mother.

"Being able to study at home [while] looking after the children, was a big issue," she said. "Athabasca University [in conjunction with CVU] was able to offer me that."

One of the advantages to CVU, Busch adds, is that students can work at their own pace.

"Over 500 of our 2,500 courses can be started at any time of the year," she said. "So students could start a course now, work on it heavily during Christmas and spring break, and have an extra three credits by the end of the school year."

Online learning is not for everyone, Busch warns. Students need to be motivated and self-disciplined. CVU offers a self-test on its website to help students identify whether distance learning is appropriate for them.

Both Canadian and international students can apply to CVU, although tuition for international students, as with most post-secondary institutions, is significantly higher. The price for each course varies depending on which university instructs the online class.

Before registering in an online course from CVU, students must request a letter of permission from their university to ensure the course will meet their program requirements.

Students interested in taking any online courses should be aware that UVic requires them to take at least 30 credits on campus in order to grant a degree.

UVic itself offers online distance education courses through its professional schools, such as nursing and social work, as well in subjects ranging from English to chemistry and philosophy.

In the 2004-05 school year, about 5,400 students registered in UVic's distance education courses.

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Bug push raises $2,700 for United Way

LINLEY FAULKNER PHOTO

Volunteers with UVic's Engineering Students' Society (ESS) spent 24 hours Sept. 30 pushing a Volkswagen Beetle around Ring Road to raise money for United Way. The annual event has been an ESS tradition since 1997.

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Instructor: Larry Birckhead, B.A. (psychology), M.A. (counselling and personnel)

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Instructor: Ron Puhky, M.D.

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Wed., Nov. 2: 7–9 pm, 1 session
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Chronic stress contributes to *dis-ease* states including depression, anxiety, heart disease, arthritis, chronic pain, chronic fatigue, and cancer. However, we are only beginning to understand the impact of stress on the body and the powerful healing that can occur through meditation and stress reduction. This interactive session will explore the origins of stress, its biological consequences, and the journey toward creating lasting inner peace.

Instructor: Mark Sherman, B.Sc., M.D.C.M., C.C.F.P

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BRIDGET PRESTON PHOTO

A clinic for people with post-traumatic stress disorder is the result of a partnership between the Royal Canadian Legion and UVic's psychology department.

Clinic offers help for people with post-traumatic stress

by Kim Armstrong

Canadian soldiers, peacekeepers, and civilians living with post-traumatic stress disorder (PTSD) have a new resource in Victoria.

A special clinic for PTSD sufferers was officially opened Sept. 27 thanks to a partnership between the Royal Canadian Legion and UVic's Psychology Department.

The clinic is being led by Dr. Tim Black of UVic's Faculty of Educational Psychology and Leadership Studies.

The facility will provide services to anyone who is or has been a member of the military, whether or not they have seen active duty, but it is not solely for soldiers. Peacekeepers, RCMP officers, firemen and civilian police officers are also numbered among those the clinic is able to treat.

The program is the first of its kind in B.C. as it also offers programs to help the families of people with PTSD.

"That's sort of the unique thing about this—families and veterans are both equally welcome," said Black.

Post-traumatic stress disorder occurs when someone either experiences or witnesses a life-threatening situation or event. According to Black, a conservative estimate of the occurrence of PTSD in soldiers and peacekeepers is 20 to 30 per cent, although estimates have been as high as 50 per cent.

There are three main symptoms of the disorder: hyper-arousal, characterized by exaggerated responses to loud noises and other external stimuli; re-experiencing, or flashbacks; and avoidance and numbing, defined as an inability to feel strong emotions. PTSD often occurs in conjunction with other psychological issues such as depression or substance abuse.

While the military does offer assistance to those suffering from PTSD and other psychological problems, personnel can be reluctant to take advantage of them.

"People [inside the military] fear stigma and being labeled a 'crazy person,' so they don't seek help while they're in the forces," said Black. "They are afraid their careers are going to be put on hold because they have a psychological issue. The clinic is designed to catch these people who otherwise wouldn't be seen."

Although the Legion's main focus is on the diagnosis and treatment of PTSD, it is not the only thing the clinic treats.

"A lot of people who come back from their periods of duty have PTSD, but [the clinic's] not [just] for PTSD and you don't have to have PTSD to come to the clinic," Black said.

Drug and alcohol abuse, marital problems, problems with relating to children, employment issues, and run-ins with the law are all issues veterans sometimes face.

The clinic acts as a gateway to help veterans get into a government program called the Canadian Military and Veteran Transition Program, and also offers programs for spouses and parenting skills workshops for patients and their partners.

Gender-specific group counseling is offered, and Black's hope is to one day offer one-on-one sessions at the clinic as well.

Treatment is provided by UVic psychology PhD students. The clinic provides students with a place to complete their practicum while serving a community need.

Dave Sinclair, second vice-president of the Legion's B.C./Yukon Command, is thrilled with the co-operative effort.

"It's a win-win situation—the university is getting the training they need and we're getting help for veterans who have fallen through the cracks," he said.

All funding for the clinic comes from the Legion, and is organized by Sinclair himself, a veteran of the Korean War. He raised $30,000 from Legion branches on Vancouver Island and the Sunshine Coast over nine months to fund the clinic, and much of the money comes from the Legion's "poppy funds," raised by the annual sale of poppies to commemorate Remembrance Day.

There are 10 Legion branches in the Victoria area, and 20,000 members on the island and the Sunshine Coast.

The Legion branches in Victoria donate $350,000 a year to local charities.

"We're pretty proud of what we do," Sinclair said.

A similar clinic has been running in Vancouver for several years in conjunction with the University of British Columbia. As a student at UBC, Black was the first doctoral intern to participate in the clinic. There are also plans to run a similar program in Kelowna.

Sinclair credits the success of the clinics to the generosity of the Legion members, but feels that the Department of National Defense and the Federal Government should also step up and do their part.

He says $100,000 dollars in federal aid would fund all three clinics for five years.

"We could do a lot more for the community if the government would [help]," he said. "They have the moral obligation to fund these things."

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Turning organic trash into dirty garden gold

VIPRIG offers workshop to teach renters how to compost waste

by Jessica Earle

Apartment dwellers are being challenged to take their environmental citizenship to the next level through indoor composting.

The Vancouver Island Public Interest Research Group (VIPIRG) is putting on an hour-long presentation in UVic's Student Union Building on Oct. 26 explaining what composting is, why it's important and how to do it.

Led by Geoff Johnson, a permaculture designer who has worked at the non-profit Compost Education Centre for the last five years, the workshop is designed to tackle the on-going problem of reducing the amount of waste going into B.C. landfills.

Environment Canada estimates that 40 to 60 per cent of all waste could be composted. "A lot of people are interested in making a shift towards a more sustainable lifestyle," said Johnson.

Composting, he said, is a good start. "It's easy. Anyone can do it."

Geared towards consumers without yard space, Johnson's workshop will teach participants an unrefined composting method called vermicomposting, a process in which a special species of worm converts organic waste materials into a soil-like product called humus.

Leaves, yard refuse, paper, wood, food-processing excesses and kitchen scraps can all be converted into a nutrient-rich casting that can greatly improve garden and plant life, functioning as a desirable alternative to chemical fertilizers.

The Compost Education Centre, located at 1216 North Park St., has one of the most economical options of compost bins for apartments, selling containers for $49.95 to non-members, "which is pretty much at cost," said Johnson.

For those worried about space, he recommends keeping it under the kitchen table, or investing in a worm bench, a six-foot by two-foot (approximately 60-centimetres by 180-centimetres), two-bin composter that doubles as a seating area. "Either that or you can sell your TV and put it there," he said, smiling.

After filling a compost bin three-quarters full with leaves and newspaper to create a moist, damp environment, the average person will need about a pound of worms—available free of charge from the compost center—to add to their bin. Under proper conditions, these worms will eat half a pound of waste.

Once set up, all the process involves is burying your waste in different areas and turning over the substance once a week. Done properly it is a clean, hygienic and nuisance-free process.

After approximately three months, the humus is ready and the worms are in need of fresh bedding. Within this period the contents inside the bin will shrink to approximately half their original volume, making the transition as easy as moving the matter to one side and placing fresh bedding in the space created. After two to three weeks, worms will migrate to the new location, and the casting can be removed.

"No matter what living situation you find yourself in, there's always a composting option," said Johnson. "There's no reason not to do it."

To nab a spot in Johnson's workshop, e-mail vipirg@vipirg.ca, or call 721-8629.

LINLEY FAULKNER PHOTO

Geoff Johnson tends to a vermicomposter, a type of composter suitable for apartments, at the Victoria Compost Education Centre. Johnson will teach a workshop on apartment composting at UVic Oct. 26.

COMPOSTING DOS AND DON'TS

Much, but not all of the average person's daily waste products can easily be made into natural, nutrient-rich fertilizer using a vermicomposter.

Do compost:

Fruit and vegetable scraps, tea bags, egg shells, coffee grinds and filters, nut shells, wood ash, plant trimmings, dry leaves, straw, wood chips/ charcoal, saw dust (in thin layers), dry lint, hair and fur.

Don't compost:

Pet manure, kitty litter, meat, bones, fat, dairy products, oil/oily foods, diseased/bug-infested plants, diapers/sanitary products, barbeque ashes, eggs, fish and seafood,

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Editorial

Cashing in on big tobacco

After four years of legal wrangling, the government of B.C. has won the right to sue tobacco companies in hopes of recovering billions in health-care costs related to smoking.

It all started in the U.S., where similar lawsuits launched by American states against tobacco manufacturers in the 1990s led to big money. The tobacco companies ultimately agreed to pay $245 billion U.S. over 25 years to help defray health costs associated with illnesses linked to smoking.

Thanks to the ruling, the province will now be able to seek damages to recover future costs of tobacco-related illness, as well as public health-care costs dating back 50 years.

Back before the Marlboro Man died of lung cancer, things were much different. Cigarette ads were everywhere, and they featured sexy, healthy people smiling as they took a drag.

Today, tobacco advertising is banned in Canada, tobacco packages come adorned with grotesque pictures and warnings, and no one could claim they haven't heard that smoking is bad for you.

The premise for the suits is that tobacco manufacturers lied to the public about the health effects of cigarettes and other tobacco products, and that those lies prevented people from making informed choices about using tobacco.

Recovering past health care costs make sense, since people weren't told that tobacco was bad. However, the future costs clause ignores the fact that everyone today is aware that tobacco is unhealthy and can lead to cancer. It seems that the claim for future costs, especially when a lack of knowledge about the dangers of tobacco forms the basis for the case, undermines the whole thing.

With the information currently available, the warning labels and graphic anti-smoking campaigns, people are making the choice to use tobacco armed with knowledge about how tobacco can harm them.

So if somebody starts smoking today, knowing that cigarettes are bad for them, should the tobacco company be held responsible, just for supplying the product? And if so, shouldn't the government be just as liable for allowing tobacco to be sold?

After all, the government makes a mint off of tobacco in the form of taxes. For example, in May 2004, a pack of 25 cigarettes cost $10.10 in B.C.—$7.12 of that was taxes, while the cigarettes themselves cost only $2.98.

As Christina Dona of Imperial Tobacco was quick to point out, the various Canadian governments, federal and provincial, collect more than $9 billion in taxes from tobacco sales.

"Ultimately, the governments in Canada collect 13 times more revenue from the sale of tobacco products than the tobacco industry gains in profit," she said, "so where do they think the money is coming from? There is not some hidden vault for them to loot that has cash in it."

The government isn't wrong to seek money from tobacco companies. Health care costs associated with tobacco are estimated to be around $4 billion annually in Canada. But it seems they might be overstepping, and it'd be a shame to lose out because of that.

By all estimates, the actual court case is at least two years away, and the money even further than that. In the meantime, if the government is serious about this issue, it'd be good to funnel the tobacco taxes into health care, in order to help offset the costs of tobacco-related diseases.

Editorial topics are decided at weekly editorial meetings and do not necessarily reflect the opinions of all staff members.

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EDITORIAL CARTOON | SMOKE 'EM IF YOU GOT 'EM

ANTHONY FRATTAROLI GRAPHIC

LETTERS

Unheard answers

This is a response to Ford Walker's article, "There is such a thing as a stupid question" (Sept. 29).

After being mildly annoyed by a wealth of absurd and trivial questions during lectures in my month's stay here at UVic thus far, I've found something even more aggravating from certain types so fond of gobbling up time: when they don't even listen to the answer! I've had the privilege of listening to several folks ask a question that the professor already explained moments before, then turn to a neighbour and immediately start talking about something else while the prof patiently explains what is often common sense. Talk about disrespect!

Here's to hoping it's "just a first year thing."

-Michael Brown

STV's democratic, but revote ridiculous

In response to Colin Beyer's (Sept. 29) letter, I think he has completely missed the purpose of the original article on STV. The author is not complaining that STV itself is undemocratic, but the fact that Campbell is trying to push the same referendum that already failed, is.

The point of the referendum was not to rubber stamp STV, it was for the people to genuinely decide if this was an electoral process that we wanted to pursue. The people said it was not. If Campbell runs the referendum again, he will not be respecting the wishes of the people; why should the second referendum be any more valid than the first, even if it does pass STV? Think of it this way: if Gordo was being democratic, then if STV had passed by a 3 per cent margin, he would have had to call a referendum in 2008 to see if people changed their minds. Otherwise he is simply trying to manipulate the system. Knowing Gordo, what do you think he would have done?

-Aaron Barlow

Education for education's sake

Education has intrinsic value and isn't just career preparation

by Melanie Greene

So, you've got a humanities degree. Now what? Go for a master's degree, or maybe travel? The options are endless, right? Well, not if you factor in the whole student loan payment thing, which suggests you need a job. Now factor in not having a business or engineering degree, and life may look bleaker. But wait! There's still hope.

Being a philosophy major myself, I have been avoiding the question of what I'm going to do with my degree for about three years. This is for a number of reasons.

I am pretty sick of explaining to people what I mean by "education has intrinsic value." For the sake of this article, it means education is valuable for it's own sake, not for the big bucks you might earn later.

I know this sounds crazy considering how much education costs and how long it's going to take me to pay back the massive debt I have acquired. But it doesn't sound as stupid as going to university for "career training"—which is how I view business and technology degrees; no offense, everyone has different interests—as opposed to going to educate oneself further.

So what am I going to do? I suppose I've been trying to avoid having to answer "nothing."

This leaves me with no choice but to work two full-time minimum-wage jobs to pay for my intrinsically valuable education. Then I would just be one of those jaded people in retail or public service jobs who answers your innocent questions with a grunt.

So, what will liberal arts students do? Is a humanities education valuable to employers? It depends on what you want to do.

If you'd like to be a philosopher, you've got a rude awakening coming. No one is going to pay you to sit around and think, discuss, or write philosophy. Unless, of course, you go on to obtain a PhD (the official "SMART" stamp) and start scaring the crap out of university students while putting your costly thoughts in some scholarly publications. It'll never happen with a BA.

If more schooling isn't an option, there's always learning how to make your education sound good. I recently visited Career Services and talked to the very helpful Lynn McCaughey (an English major, by the way). She was very optimistic about the employability of humanities graduates.

With the critical thinking, research, communication, problem solving, writing, analytical, independent thinking and solution proposing skills you're obtaining, who wouldn't want to hire you?

My business card may not say philosopher, but I still have hopes of possessing a business card. And so can you with the well-rounded education from the humanities department.

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UVic's food not vegetarian-friendly

by Britt Green

As a vegetarian, going out to restaurants can be a bit of a pain.

For example, most so-called vegetarian menu selections contain cheese as a main ingredient. What's the problem with cheese? It turns out that the majority of cheeses contain rennet (also listed as animal enzymes or just plain enzymes), which is often taken from the stomach lining of a freshly slaughtered calf.

I don't know about you, but I find this extremely disturbing. Like many of my fellow veggies, this is a huge concern when walking into Caps Deli/Pizzeria & Bistro, smelling that veggie pizza, and knowing it's not ethical to eat.

It seems better for vegetarians to avoid the cheese products used by both Caps and the residence dining room in Cadboro Commons.

Due to costs and the sheer number of mouths to feed, these places buy all their cheese products in large quantities. This means that most of the cheeses do not have labeled ingredients. The few that do, however, were found to contain rennet, thus making Caps' delicious smelling pizza a big "no no" for us veggies.

Village Greens (VG's), located beside Caps, is quoted on the UVic housing website as catering "to those who follow a vegetarian or vegan lifestyle," but even there they have items containing cheese and seafood. While most of the food is safe for vegetarians, there is still a very limited menu selection, and for those on the meal card system, the food can get kind of boring. I like their stir-fries with tofu, but after a few days the food loses its appeal.

It came as a complete shock to me however, that the one place on campus targeting a vegetarian/vegan lifestyle uses the same cheese as the res caf and Caps. This means that not only do they not use soy cheese, making it unacceptable for vegans, but also that the "vegetarian" dishes with cheese contain meat in the form of rennet.

I find this absolutely disgusting, and while I do not blame the staff, I do think there is a problem with the guidelines for vegetarian food. The dining areas in the SUB use soy cheese, and it would be great if all food outlets on campus could do the same.

When I find myself venturing up to the caf in Cadboro Commons, I immediately read the menu, realize I can only eat the bland veggies, and waltz over to the salad bar. It gets kind of boring after a while, though I'm only a vegetarian. I can't imagine how hard it must be for vegans to find a good meal that doesn't require a lot of money on campus. I find it hard to believe that they are getting enough to eat.

Even when I go for breakfast, I usually have to limit myself to something lacking in the nutrition department like a bagel, even though I eat eggs (unlike vegans), the ones in the caf have cheese in them.

When people with my kind of lifestyle choices reach university, we realize that we will no longer be able to cook the meals we loved for ourselves if we live in res; instead, we must rely on the kitchen staff.

This apparently means giving up variety and taste, which shouldn't be the case. We have every right to have the same kind of variety as those who choose to eat meat—they even have the option to eat the vegetarian food, but it doesn't work the other way round.

To even things out, there should be fewer meat entrees offered and more vegetarian, and especially vegan, ones.

The university should be more accommodating for students with different eating styles, and should not limit them to a few boring choices. It seems odd that such a small thing like cheese could hinder someone from eating the foods they would otherwise be able to, and yet it does.

We only care when it's all about us

by Micah Luxen

Everyone seems to agree that becoming enslaved to our jobs and forever running on the hamster wheel is no way to live. Those same people also seem to understand that keeping up with appearances is only a distraction from our true purpose.

At the same time, although we all feel very bad for those poor people starving to death in Africa and India and everywhere we aren't, none of this persuades us to change our habits.

I can't help but wonder, what will?

We've been inspired. Rousseau influenced a great number of students to understand how we have become artificial as a society, concerned only in the more irrelevant points of life. Dickens convinced us that indifference to the poor is cruel and ugly. Martin Luther King Jr. is a beautiful example of a person who suffered for the sake of equality.

And yet most of us still focus only on our own well-being, unwilling to make a personal sacrifice for the sake of promoting love and truth. The influence of these great leaders will only decrease with every self-consumed generation. If we don't follow Gandhi's example, even when his lessons are so fresh, what revolution of thought and action can we hope for in the future? Are we waiting for one greater than Jesus to teach us? Is it that Buddha's words were not quite compelling enough? If only there were another REALLY inspiring leader.

The fact is no one will be able persuade us until we are willing to die for the sake of the cause. It's not that we don't believe what they teach us or don't understand what they say, but that we stand in our own way of getting it done.

The movie *Hotel Rwanda* moved most of those who saw it, yet it's still difficult for us to give up the consumerism that exploits suffering nations.

Is there anyone who doesn't understand that there is a direct correlation between the two?

Anguish isn't always in the form of natural disasters and corruption. In regards to the hurricanes and tsunamis, perhaps we thought, "That's awful, what can we do for them?"

But what if we as a people were the cause of the disaster? War in Iraq equals oil equals consistently high standard of living in the West. We feel bad, we even feel angry with Bush, but we won't change how much oil we consume.

Parents and children are dying of AIDS in Cameroon because aid agencies can't gather the capital to distribute massive health education. So what are our priorities in life? We learn how the world is artificially constructed, how disgusting it is that we sell our entire existence to a corporation and then we go out there and live in the exact same way.

Fight Club pointed out that we buy our furniture but our furniture ends up owning us. We all agree—and then go out there and get owned by our furniture.

Are we forgetful or just stupid? What will it take for society to make a radical change? Films and documentaries haven't convinced us. Courageous leaders haven't swayed us.

Only when North Americans reach the point of life or death will we care about anything beyond our possessions.

The people of B.C.—not Campbell—chose STV

by Orion Carrier

I'm grateful to David Karp for his Sept. 22 opinion piece on the single transferable vote (STV), as it gives me a chance to address some of the misconceptions around B.C.'s electoral reform process and BC-STV itself.

Mr. Karp refers to STV as "an obscure, complex system that is only used in a tiny number of countries around the world."

Being used in only a few countries in the world does not make this system ineffective. What Mr. Karp fails to mention is that STV is also a very old, time-honoured system, used since the early twentieth century (computers are not required!).

The citizens of such jurisdictions are not afraid of a system that has consistently proven both fair and effective, even though on more than one occasion their governments have attempted to revoke its use.

The Citizens' Assembly (CA) chose BC-STV based on the three key values British Columbians communicated to them: proportionality, local representation, and voter choice. The CA's choice balanced these values in ways other electoral systems would be incapable of doing, given B.C.'s specific geographic and demographic layout.

Since impartial, educated, randomly chosen citizens have already done this job, Mr. Karp's suggestion that now is "a perfect time to look at other options" is redundant. The people of B.C. have already spoken through the CA, and a once highly fractious CA ultimately came to a nearly unanimous decision that this was the system that met British Columbians' values.

However, Fair Vote Canada (FVC) has condemned the 60 per cent super majority requirement to have the referendum pass as counter-democratic since it was first announced.

In our current system, political parties regularly seize all power on less than a majority of popular support and then make sweeping changes "on behalf of" citizens based on simple majority (50 per cent plus one vote). Therefore, when citizens vote on their own behalf, it is inappropriate to set the bar higher.

Think of it, the "no" side of the referendum can win by finding a minority in a single riding anywhere in B.C.!

I am a little mystified with one of Mr. Karp's statements: "But the fact remains that over 40 per cent of people rejected STV." His suggestion that over 40 per cent trumps the nearly 60 per cent majority is absurd. Does Mr. Karp mean to say that he favours the 60 per cent super majority imposed by the Liberal caucus?

This would virtually ensure the CA's recommendation would be rejected, no matter what system was selected by the CA. This confusion about what a near "win" means under a 60 per cent super majority is an important reason why FVC strongly rejects this undemocratic standard.

It is worth questioning Mr. Karp's assertion that BC-STV is the premier's baby when he had no part in choosing or creating it. Rather, the premier had no political choice but to honour the wishes of the vast majority of citizens who had spoken.

Mr. Karp predicts that "people aren't going to drastically change their mind about STV" in 2008, and he is probably right for those who have already decided. However, a large percentage of British Columbians voted "no" because they had no idea what the vote was about.

Meanwhile, what we find the province over is that the more people are informed about BC-STV, the more they like it. The responsibility for the ignorance around BC-STV in 2005 rests squarely on the government, and Premier Campbell has acknowledged and rectified that for 2008. It is those who were uninformed about BC-STV whose votes will change, and the yes campaign will be shooting for 80 per cent in 2008.

While FVC is not "pro-STV," our highest objective is having citizens, rather than politicians, decide for themselves the direction to go in electoral reform.

This is precisely what has happened and is continuing to happen in B.C. As a result, although some FVC members would have preferred a different electoral system, FVC will be throwing its entire weight unanimously behind BC-STV in the 2008 referendum campaign.

Orion Carrier is a member of the local chapter of Fair Vote Canada and the UVic Fair Vote Club.

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SEX COLUMN

The O-Zone

Bleach bums

by Tracey Coulter

Remember those awful warnings on the dangerous-yet-probably-delicious items under the kitchen sink when you were a kid? Remember the scary skeleton arm that meant your skin would fall off your bones?

One of those items was bleach. We're still not supposed to drink it, but it's totally okay to rub it on your anus, or so aestheticians say.

I'm exaggerating, but there is a new craze for "anal bleaching." For $75 U.S. the good people at "Pink Cheeks" salon in L.A. will wax your ass, give you a bleaching treatment and send you home with a tub of the stuff for you to self-apply until the "desired skin colour" is reached.

How did people (mostly women) become concerned about the naturally darker skin around their anus? It comes from the same people who brought us bacon-strip pube shavejobs (aka "The Landing Strip")—the porn industry.

Female porn stars such as Tabitha Stevens, along with many gay male porn stars, have been publicly espousing anal bleaching and it seems that it is destined to be the hottest thing since the Brazilian wax.

Perfectly even skin tones, including bum cheeks and pucker, are the rule in porn, so that's what many non-professionals are expecting from their sex partners.

At best, anal bleaching will be one more annoying, time-stealing, money-wasting, aesthetics mis-adventure, which people are socially compelled to perform. At worst, it will be scarring anuses by the hundreds.

One of the common chemicals used in anal bleaches is kojic acid, which has been found to cause burning and scarring, and may actually lead to incontinence. Let's say that again: INCONTINENCE. Not only would any anal play become unbearable, but you'd end up in Depends, and diaper-fetishists are few and far between.

Many spas and salons that give the treatment emphasize that their products are 100 per cent natural and work "with" the body (whatever that means). Poison ivy is 100 per cent natural too—that doesn't mean I'm going to rub it on my ass.

A chemical compound strong enough to change your skin pigmentation needs to be thoroughly researched, especially when it's to be used on something as nerve-charged and potentially sexy as your anus. And this is why this trend is so insidious.

Your ass is meant for *your* enjoyment. A scarred, irritated anus may not bother your partner (in that case, drop the partner) but I can guarantee you that it will sure as hell bother you.

I'm all for doing a myriad of sex-stuff with your bum, but potentially mutilating it for someone else's visual enjoyment is definitely not one of them.

Letting someone play with your ass is a privilege, not a right.

If they don't like the fact that it doesn't look like their favourite porn star's, then instead of letting them fuck it, tell them they can kiss it instead.

Tracey is a psychology student who plays with sex toys. She plans to become a sex therapist like Sue Johanson. But with better hair. And younger. Questions can be e-mailed to askmestuff69@yahoo.com.

RECIPE

Thai one on

Whip up Pad Thai good enough to challenge the restaurants

by Bryna Hallam

PROVIDED PHOTO

Actual product may not be exactly as shown.

Available in Thailand by the cartload and for next to nothing, Pad Thai may be the perfect food.

A number of Victoria restaurants offer excellent versions of the dish, but it's also possible to enjoy it at home—without ordering in.

Don't be intimidated by the long list of ingredients, the result is definitely worth the work.

There are some good Pad Thai sauces available, so feel free to skip step 2 and use something store bought. I like locally-made As You Like It's Chiang Mai Hot Sauce, available at the Moss Street Market, or by calling 250-384-1033.

You can also substitute meat (I like chicken and/or shrimp) for the tofu in step 3.

Ingredients

1 1/2 cups snow peas, halved
1 lb. package rice noodles, medium width
1/4 tomato paste
1/2 cup soy sauce
1/4–1/3 cup water
3 tbsp. blackstrap molasses
2 tbsp. peanut butter
1 tbsp. sambel oelek (chili paste)
ground pepper to taste
1/4 oil
1 lb. block firm tofu, cubed
3 eggs
8 cloves garlic, minced
1–2 whole dried chilies, crushed OR about 1 tbsp. red pepper flakes
3 cups bean sprouts
6 scallions, sliced
1/2 bunch cilantro, chopped
1 lime
1/3 cup roasted peanuts, crushed

Instructions

1. Boil a large pot of water. Once boiling, throw in the snow peas to blanch until bright green (1 min.) Remove them from the water and set aside. Turn off the heat and add the noodles to the water. Cover and soak for about 5 minutes. Drain in a colander, rinse with cold water, and set aside.

2. Sauce: Whisk together the tomato paste, soy sauce, water, molasses, peanut butter, sambal oelek and pepper. Set aside.

3. Heat 1 tbsp. oil in a skillet, add the tofu and sauté until golden. Set the aside.

4. Crack eggs into a bowl and whisk. In a large wok (or the biggest pan you've got) heat 3 tbsp. oil over medium-high heat. Toss in the garlic and chilies, stir constantly until golden. Add the eggs, scrambling until set. Add the noodles and keep stirring it all around. The noodles will clump into a big mass—but don't stop! Keep stirring for 5 minutes.

5. Crank the heat and add the sauce, tofu, bean sprouts and snow peas. Stir for about 2 minutes before adding the scallions and cilantro. Stir some more, until everything is hot.

6. Serve it up, squeeze some lime juice on top and garnish with peanuts. Delish!

This should feed four to six people, or provide a meal and leftovers for two.

This recipe is cobbled together from a number of others. I thank the original authors, whom I've long since forgotten.

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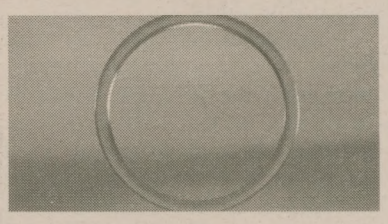
PERSON, PLACE, THING

Jeremy (aka "teh_pwnerer") is a gamer. Catch his exploits in *Pure Pwnage*, an online series available at www.purepwnage.com. It makes more sense if you're into games, but fun all the same. PS: It's Canadian.

The International Grill in the SUB provides great food, unlike some other places. Highly recommended: the dahl. Served with yummy chutney and pita or rice, it's a hit. Also good: the curries.



NuvaRing, the newest kid on the birth control block. If you forget to take your pill, and don't mind storing a plastic ring inside your vagina for three weeks, it may be for you. See page 11, and then your doctor.

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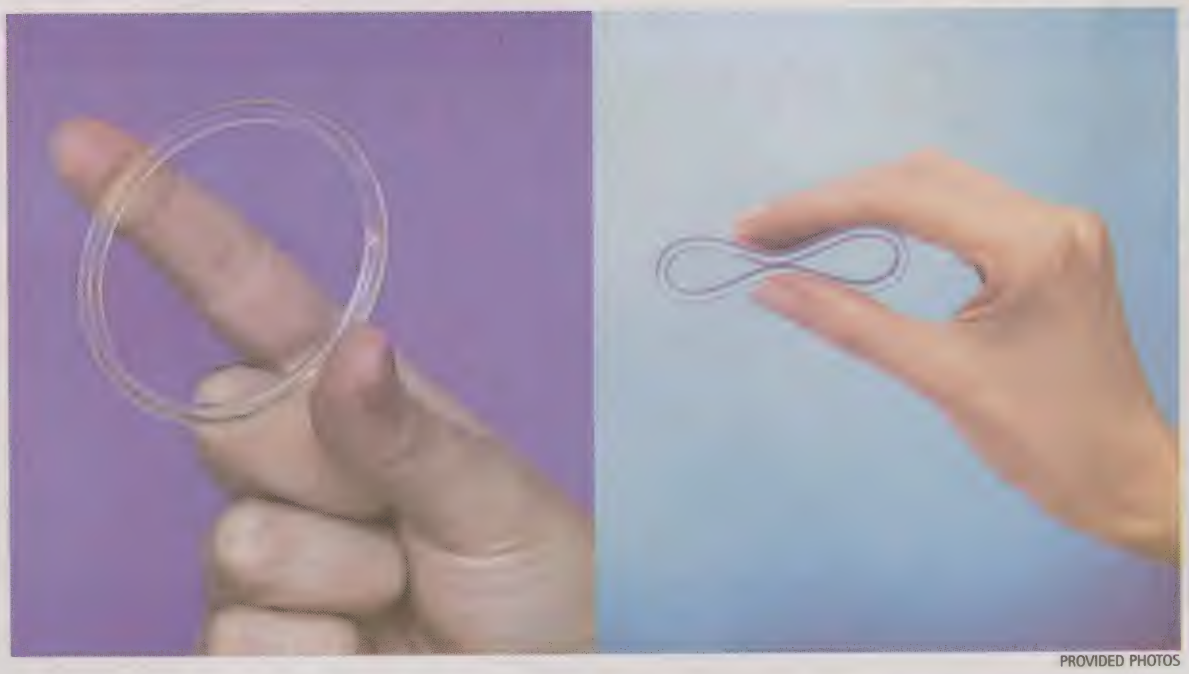
New once-a-month birth control option

by Bryna Hallam



PROVIDED PHOTOS

To use the ring, squeeze and insert into the vagina. If it's comfortable, it's in the right position.

At 28, Ann Alegre-Rock had been using contraceptives for over 10 years, and had tried the pill and the patch.

While each method worked, they also had drawbacks: the pill had to be taken at the same time every day, while the patch sometimes came off accidentally.

So when Alegre-Rock heard about the vaginal ring from a friend, she quickly approached her doctor about giving it a try.

After nine months, she's happy with the results. "It's the best birth control I've been on," she said.

The vaginal ring, sold as NuvaRing, is a plastic ring that is inserted in the vagina, where it stays for three weeks. It is then removed for one week to allow for menstruation.

The main advantage of the ring is that women only need to think about it twice a month—to take it out and then insert a new one.

"Compliance with the birth control pill is not that easy," said Dr. Brian Hauck, a Calgary obstetrician and gynaecologist. "It is common for women to miss a pill."

For Alegre-Rock, travelling across time zones also presented the challenge of figuring out the correct time to take the pill. The ring presented an easy solution.

About 10 per cent of patients who inquire about contraception are concerned about forgetting to take a pill, said Dr.William Dyson, director of UVic Health Services.

Like the patch, the ring delivers a steady dose of the hormones estrogen and progestin. This could be better for some people, said Dyson, who are affected by the daily hormone spike that occurs when taking the pill. Because of the manner of delivery, the ring, as well as the patch, contain less estrogen than the pill does.

The ring is flexible and squeezes together for easy insertion. To remove it, simply hook a finger under the ring and pull it out.

As the product information points out, a woman must be comfortable touching herself to use the ring.

Alegre-Rock said she had no problems adjusting to the ring. "I am an ob [tampon] user," she said, so had no qualms about inserting and removing the ring.

The majority of women who use the ring don't notice it during sex, and according to a survey of users, neither do their partners. Of the 29 per cent of men who do notice it, 91 per cent say it doesn't bother them.

There is the option to remove the ring for sex, said Hauck, although this isn't necessarily recommended. If removed, the ring should only be out for a maximum of three hours—if left out for longer, you may not be protected against pregnancy.

The vaginal ring has many of the same side effects as other hormonal birth control methods, although lower doses of estrogen and progestin could mean that the side effects are less frequent and severe than those with the pill.

Common complaints include headaches, vaginal irritation, discomfort or discharge, nausea, and breast tenderness. Breakthrough bleeding (bleeding between periods) occurs in about five per cent of women, especially during the first few months.

Other concerns include a reaction to the plastic itself, but Dyson said he has seen only one incident so far.

The ring is as effective as the pill. Doctors at UVic's health clinic have received a number of questions about the ring, but are not recommending it above any other method.

"Without clear superiority in effectiveness or safety," said Dyson, "there is only the consumer's convenience to consider, with forgetfulness as a consideration. "

NuvaRing costs approximately $75 for a three-month supply, and is covered by the Green Shield's student health plan, available through the UVic Students' Society.

BIRTH CONTROL OPTIONS

In addition to the vaginal ring, there are three other forms of hormonal birth control: pills taken every day, a patch that is worn on the body, and injections.

Oral contraceptives ("The Pill")

The pill contains two hormones, estrogen and progestin, which stop eggs from being released from the ovaries.

It must be taken daily at the same time of day.

The pill can help regulate irregular menstrual cycles, clear up acne, lighten menstrual flow, and lessen the pain of menstrual cramps.

Effectiveness: Up to 92 per cent when taken correctly.

Orthro-Evra ("The Patch")

The patch is worn on the skin in one of four places: the buttock, abdomen, upper torso (excluding breasts), or the upper outer arm.

It releases progestin and estrogen into the bloodstream. You put on a new patch once a week for three weeks, then do not wear a patch during the fourth week in order to have a period.

The patch can come off accidentally. If it is off for more than 24 hours, you may become pregnant

Effectiveness: Up to 99 per cent.

Lunelle & Dep-Provera ("The Shot")

Hormonal injections are given either once a month or once every three months.

The shot can be a good choice for individuals who can't remember to take a pill daily.

However, Depo-Provera can cause constant menstrual bleeding that lasts for several months.

Effectivness: Up to 99 per cent.

The FIRST Annual

Steve Canning

Memorial Scholarship

"When I die, I want people to say that I inspired them… that they lived their life a bit differently because of me. That they saw the world filled with a bit more adventure. That they were a little bit less afraid to do something that they truly wanted."
– Steve Canning

An accomplished mountaineer and skier, wilderness instructor, photojournalist, and 4th year UVic Environmental Studies, Creative Writing, and Restoration of Natural Systems student, Steve Canning died May 23, 2004 while descending from the summit of Mt. Logan, Canada's tallest mountain.

In honour of the innumerable ways that Steve's spirit and ambitions continue to inspire those who knew and loved him, this scholarship has been created in his name.

An award in the amount of $1100 will be presented to a 3rd or 4th year UVIC student whose love of wilderness adventure, record of service and stewardship towards the environment, and passion for communicating and sharing these interests and values – whether through photography, community service, youth work, writing, or some other creative means – have become a real source of inspiration for others wishing to follow similar pursuits.

Preference for this award will go to students with a declared major or minor in Environmental Studies or Creative Writing, or a Restoration of Natural Systems Diploma student.

"Live life as though you're making love to it."
– Steve Canning

To apply for this scholarship, both a current transcript and letter of application demonstrating the motivational and concrete contributions of the candidate – relative to above criteria – must be delivered by 3:00pm on FRIDAY, OCT 14th to:

Stephen Canning Memorial Scholarship
School of Environmental Studies
Sedgwick Building, C132

SCHOOLS GIVE GOOD GRAMMAR

by Benjamin Kong

"What's the difference between commas and semicolons?" Professor Stephen Ross asks his fourth-year English class, tapping the thick stack of marked papers on his desk.

His cheeks are flushed and he's panting, a less-than-subtle sign he wasn't pleased with the papers. A heavy pall of silence falls on the room.

Finally, a timid voice squeaks out from the back, "But aren't they the same thing?"

Grammar. A word punctuated by a groan or pronounced with a smile. Some hate it, others love it, and, according to some English teachers, students don't know it.

In an era that worships video and disdains literature, grammar is declining. As one student recently put it, "Who the hell cares about grammar anymore?"

Well, some still do—your future boss, for instance. Good grammar is traditionally the hallmark of professionalism, the telltale sign of an education. Confuse "then" and "than" in your cover letter and your potential employer will practice a game of hoops—using your crumpled resume as the ball and the trash can as the net.

Apparently, many professors care as well.

"There is no such thing as a good essay paper without good grammar," says Ross, the aforementioned English professor. "Grammar and content are completely inseparable."

Kim Blank, director of UVic's writing program in the department of English, says, "Grammar isn't just something arbitrary. It's there mainly so that when you write something, it's clear. A comma in the wrong place will literally change what someone will do."

It certainly changes what professors do to a badly punctuated paper. Often on the receiving end of the professor's red pen, students feel the sting of bad grammar. Those who split infinitives, dangle participles and misplace modifiers pay a toll in red ink—and possibly a few letter grades as well. Toss punctuation into the mix, and you have a potential cocktail of confusion. It's a subject only English majors may actually know about.

Or maybe not. A few UVic professional writing professors agree: English majors are just as clueless as the rest.

"I find that English majors lack basic knowledge of grammar," says Susan Doyle, who teaches a copy editing course for UVic's Department of English. "I honestly thought English majors would have more background in grammar."

"A STUDENT STUDYING TO BECOME A HIGH SCHOOL ENGLISH TEACHER COULD PROBABLY GO ALL THE WAY THROUGH UNIVERSITY WITHOUT TAKING ANY GRAMMAR CLASSES."
-KIM BLANK, DIRECTOR OF THE ENGLISH DEPARTMENT'S WRITING PROGRAM AT UVIC

"Most English majors don't know grammar," agrees Blank.

When even English majors, who spend four years immersed in literature and writing, struggle with the basics of grammar, there's clearly a problem. Somewhere down the scholastic chain, students are failing to learn grammar.

The fact is most university students are still grammatically clueless.

In 2003, 37 students were registered in remedial English courses at UVic. In 2005, this figure jumped to more than 100 students—an increase of more than 150 per cent and a sign that perhaps all is not well in the B.C. education system.

High schools no longer include grammar as a major component in their curriculums. A read through the Ministry of Education's English Language Arts curriculum for grades eight to 12 shows "grammar" mentioned only a few times.

Comparatively, the Ministry of Education's 1941 Junior High School Curriculum Guide (grades seven to nine) devoted an astounding seven pages to the subject of grammar. In fact, the same grammar topics taught in grade seven, 60 years ago, are now being taught only in third-year linguistics courses. At least, that's the case at UVic.

"There's a huge gap in what high schools say they teach and what's actually being taught at university," says Stephen E. Hume, who teaches English and journalism courses at UVic.

"I HAD ONE STUDENT WHO WAS GOING OFF TO TEACH HIGH SCHOOL ENGLISH IN A MONTH. IN AN ESSAY, THIS STUDENT ACTUALLY CALLED J.D. SALINGER'S NOVEL, 'THE CATCHER AND THE RYE.'"
-STEPHEN E. HUME, UVIC ENGLISH PROFESSOR

"High school students, generally, are completely unprepared. I've had some [first-year] students come up to me and tell me that during their last four years of high school, they weren't taught one second of grammar.

"There's no real bridge between high school and university," he says.

Ostensibly, the official bridge between high school English and university English is the provincial exam. But Hume remains skeptical.

"The provincial exam is no bridge. Students should be writing for at least four years, not just the four months preceding the provincial."

The English provincial exam itself has undergone heavy changes since the '70s. A comparison between the 1970 and 2004 English provincials reveals an astounding difference in level of difficulty.

"I bet a good percentage of English professors wouldn't pass it," commented Michael Cullen, who teaches first-year English courses at UVic, when showed the old provincial. "I don't know how we ever passed those exams."

What's more surprising is students pursuing university degrees in order to teach language arts aren't required to take grammar courses.

"A student studying to become a high school English teacher could probably go all the way through university without taking any grammar classes," says Blank.

The only grammar courses available to UVic's writing and language education students are in the form of electives, either in the linguistics department, or in a professional writing or English composition course that touches on some aspects of grammar. Will education students ever learn grammar? Probably not.

Hume recalls a fourth-year language arts class in children's literature he once taught at UVic: "With a few exceptions, [education students] were the worst prepared students I ever had. Some of them could barely write sentences; I had to teach them everything from scratch. It was a joke.

"I had one student who was going off to teach high school English in a month," Hume says, shaking his head in disbelief. "In an essay, this student actually called J.D. Salinger's novel, 'The Catcher and the Rye.'

"Grammar is to writing as anatomy is to surgery," Hume insists. "You wouldn't expect surgeons to graduate from medical school without a grounding in anatomy would you?"

However, it's this traditional method that presents a problem for some educators.

"Teaching grammar is a form of classroom control," says Robert Graham, an education professor at UVic. "You are trying to control kids. Me smart, you dumb. It all revolves around power.

R THE SNUB

"You've got to see grammar in a much broader context than simply 'if the kids don't know the rules of grammar that society is somehow going down the drain.' You've got to back away from that."

According to Graham, who was once a high school English teacher, the whole purpose of the high school language arts curriculum is, and should be, to teach practical skills, not to teach students about grammar. His complaint is that high school teachers don't allow their students any measure of critical thinking.

"Teachers spoon-feed the kids," says Graham. "This to me is a way bigger problem with high school students than the fact that they don't know how to use semicolons and restrictive clauses."

Graham denies that high school or university curriculum is causing a decline in student grammar. Rather, he suggests university English professors expect too much from students.

English professors "cannot assume that these students will come fully formed like out of the head of Zeus with all these skills and talents and abilities," he says. "They don't have the right to assume that."

Nor is Graham particularly concerned that grammar is not part of the curriculum anymore.

"Every bit of research that's been done the past 50 years shows the same thing: the isolated study of grammatical rules has no affect upon creating students that can write well," he says.

"TEACHING GRAMMAR IS A FORM OF CLASSROOM CONTROL. YOU ARE TRYING TO CONTROL KIDS. ME SMART, YOU DUMB. IT ALL REVOLVES AROUND POWER."
-ROBERT GRAHAM, UVIC EDUCATION PROFESSOR

Deborah Begoray, chair of UVic's curriculum development program, says the purpose of the education program is to impart life skills, not to churn out students with traditional knowledge who have memorized things that won't impact their lives.

"What's important?" asks Begoray, "That a student learns to pick out the differences between a noun and pronoun, or has the ability to write?"

The debate about the decline of grammar is by no means a new one: it's an age-old battle between the forces of prescriptivism (the belief that traditional grammar should remain static) and descriptivism (the belief that language change is natural).

In the 1700s, Jonathan Swift, famous author of classical greats such as Gulliver's Travels, bitterly lamented "the corruption of our English Tongue." Among the various inventions he attacked were "bubble," "put," "banter," and "bully." Despite Swift's angry expatiations, our language seems to be doing just fine with these "corruptions."

"No one's really at fault," says Blank. "We're in a visual culture. People don't read very much any more. We're also living in an age of hyper-communication. People are used to short snappy things. Emphasis is on speed, not quality."

Graham suggests the decline in grammar may have to do with the decrease in people's attention spans.

"Look no further than the Internet," he says. "Look no further than MSN. Look no further than these cultural influences that students with shortly reduced attention spans will take, over a piece of written communication."

Indeed, the Internet is plagued with enough sloppy prose and dreadful grammar to send even the most jaded grammarian into fits. Cyberspace has given birth to a new form of writing, a hodgepodge of misplaced commas, atrocious acronyms and garbled sentences—a system of writing completely unrestrained by the complexities of traditional grammar.

While "net speak," as some call it, may have rid itself of such superfluities as grammar, the price has been high: clarity. It's a momentous effort to decode certain forms of writing on the Net, such as on Internet forums, where traditional rules of grammar are spurned and the creative muse of "write how you speak, verbatim" is invoked.

JONATHAN SWIFT. . . BITTERLY LAMENTED "THE CORRUPTION OF OUR ENGLISH TONGUE." AMONG THE VARIOUS INVENTIONS HE ATTACKED WERE "BUBBLE," "PUT," BANTER," AND "BULLY."

The Internet may not be the only piece of technology contributing to the decline of grammar. Long gone are the days of messy handwritten essays—now pages and letters are perfectly formatted, compliments of the word processor.

But while a word processor may dot your i's and cross your t's, the built-in spelling and grammar checker will not ensure error-free papers—a fact that seems to elude many students.

Yet for many, the sum of their grammatical knowledge is clicking the spelling and grammar check button.

Drive a car without knowing the road rules, and you'll eventually crash; use the grammar checker without knowing the rules of grammar, and you're playing a game of craps. The latest version of Microsoft Word (Office 2003) fails to catch the basic punctuation, grammar and spelling errors in the following sentence: The build in grammar checker leaves far mooch to be desired its lacks ability to now basic sentence error.

While the debate between tradition-loving prescriptivists and pragmatically minded descriptivists rages on ad infinitum, how can the average person improve their grammar? Trade in that shiny new PlayStation 2 for a dusty old grammar book? Enroll in a grammar course? Date a grammarian?

"Learn a language," Doyle suggests. "It's a good way to gain familiarity with grammar."

Meanwhile, not every English professor is foaming at the mouth over students' lack of grammar. Some take a more relaxed view.

"Students aren't good at grammar and they can't spell at all, but it doesn't mean they aren't smart," says Cullen. "Language is changing. We just need to reinvent the language. Make it living again."

Cullen has a point: Language is changing. But is it changing for the better? In an age bombarded by empty representations, bedazzled by the flashing of electrons, and infatuated with speed, does the tedium of grammar really matter?

If it means the difference between a job or no job, if it means the difference between sounding educated or uneducated, if it means the difference between an A and a B grade, then it matters.

To communicate effectively, you need grammar. And that's really what good grammar is: the art of communicating well.

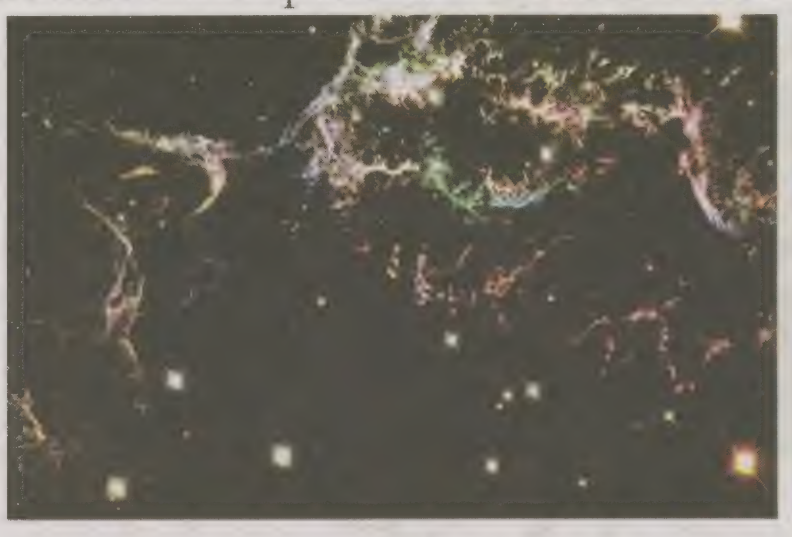
ANTHONY FRATTAROLI GRAPHICS

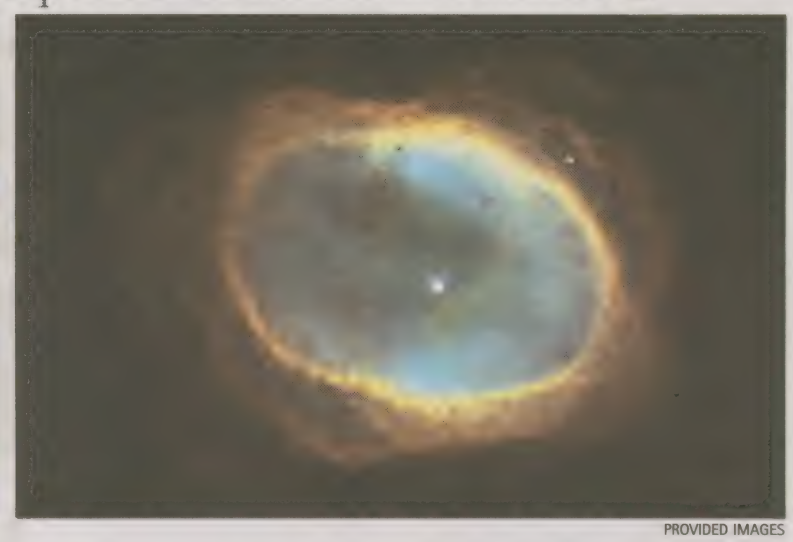
Beauty and the boson

Scientific art exhibit presents natural phenomena from sub-atomic particles to interstellar behemoths

by Anna Czolpinski

What: *The Art of Physics, Visualizing the Universe, Seeing the Unseen*
Where: McPherson Library Gallery, UVic
When: Oct. 7–Oct. 27, 2005





PROVIDED IMAGES

We assume these are nebulae or quasars or, perhaps, kryptonite. You needn't know what they are to appreciate the beauty of science.

The United Nations named 2005 "The International Year of Physics" to commemorate the 100th anniversary of Albert Einstein's "miracle year," in which he revolutionized the field of physics, which led to a century of scientific ripples and discoveries that we are still experiencing today.

To mark this occasion Dr. Margaret Fincke-Keeler and Dr. Arif Babul have organized an exhibit titled *The Art of Physics: Visualizing the Universe, Seeing the Unseen.*

While covering a variety of scientific fields including astronomy, particle physics, solid-state physics and medicine, the focus of the exhibit is scientific imagery in the form of photographs and movies.

By providing a rare glimpse into a world of scientific research, these images are a reflection of various scientists' passion and an effort to render the unseen seen; essentially to find beauty in everything from the miniscule to the massive.

Scientists from around the world, including some from UVic, contributed material.

Throughout history many of the world's most brilliant scientists, well-versed in the languages of mathematics and physics, have turned to images as an aid in understanding the material at hand. Indeed, the human brain devotes a great portion of its resources to visualization.

Because of this, a thorough understanding of complex and detailed subject matter often requires an image that sacrifices some precision but can still capture the essence of the result.

Even Einstein himself relied heavily on visuals. His biography and personal letters indicate that visualizations were the foundation of many of his theories.

The two organizers of the Art of Physics have an intimate understanding of the immense importance of imagery in science, be they immeasurably microscopic or incomprehensibly vast.

A specialist in particle physics, Fincke-Keeler studies the building blocks of nature, the parts too small for even the most powerful microscopes.

When describing some of her earlier work, Fincke-Keeler states, "We had a strong urge to see what we were doing. Each time we saw something it gave us inspiration [and] new ideas about how to go further . . . . [V]isualization helps you tremendously in understanding what you are doing."

Babul, on the other hand, is an astrophysicist who specializes in theoretical cosmology and tests theories about the origin and structure of the universe. Because imagery plays such a central role in his daily work,

Babul is one of the few people who transgress the imaginary boundary between the arts and sciences, recognizing the importance of these two groups coming together.

"Things have gotten so complicated in physics [and astronomy] that we must collaborate with visual artists, people who understand colour and representation," says Babul. Several astronomy departments in universities have in-house visual artists. Many astronomy graduates have developed such strong skills in visualization that those who decide not to pursue the field professionally end up in California working for companies like DreamWorks.

The importance of visualization is also evident in the way students tackle difficult subject matter. Two groups have generally been identified: the geometric thinkers, who think in terms of images first and equations second, and the analytic thinkers, who put equations first. "But the image is still there, whether you start with it or you end with it," says Babul.

The organizers emphasize that the exhibit is not intended to attract only the scientifically inclined. Rather they sincerely hope that people in the arts as well as other backgrounds will attend.

"When they look, who knows what they will think? They may have ideas that will lead to collaboration," says Babul.

This exhibit, which presents natural phenomena in a beautiful, elegant and harmonious fashion, caters to anyone with a curiosity about the natural world and an appreciation for colour and representation

Some of the images are difficult to decipher. At times viewers will ask themselves, "What am I looking at?" But it's important to keep in mind that it takes physics and astronomy students four years to get their heads around the concepts behind some of the phenomena on display.

As Einstein once said, deep truths about the workings of the universe should always be "as simple as possible, but no simpler."

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It started as a twisted dream . . .

. . .and ended with a middle-aged bassist charging 32 bucks a pop

by Sacha Narine

The twins of evil have gone their separate ways.

Bassist Jerry Only and guitarist Doyle (real-life brothers Jerry and Paul Caiafa), once the iconic muscle-bound heroes of horror-punk, no longer appear on stage together. Doyle returned to a simple life in New Jersey, while Jerry carries the torch, keeping the Misfits alive by recruiting old friends—punk rockers like Marky Ramone and Black Flag's Dez Cadena—to support him on a never-ending tour.

This time, Jerry and Dez are joined by Robo, one of the original Misfits drummers who toured with the group as far back as 1980. Can this trio of aging punk heroes shake the roof off Sugar this Friday, or will rock-and-roll die a pudgy death?

To explore this question, we need to contextualize by examining the Misfits' long and storied career, starting with the union of Glenn Danzig (real name Anzalone) and Jerry Caiafa in Lodi, NJ, way back in 1977.

Jerry was just a lad of 18, Glenn, 23, when the two met up to record a couple of Danzig's compositions, "Cough/Cool" and "She." The two-song EP was scratchy and raw, but full of vitality. Danzig's youthful tenor was mighty—a godly fusion of Jim Morrison and Elvis. Soon punk rock was too strong a lure, and the boys recruited guitarist Franché Coma and drummer Mr. Jim to put together a full-length album.

Although it wasn't released as a record until years later, the *Static Age* recording represents the purist's vision of the Misfits—bordering on punk, with an odd beatnik sensibility and Danzig's subversive lyrics, hinting at his overwhelming obsession with horror.

Punk rock exploded onto the mainstream, and the Misfits suddenly fit in. They kept recording and made a meagre living playing tiny venues in New York and New Jersey, including the legendary punk club CBGB's. Jerry and Doyle worked in their family's machine shop to finance the band. Glenn hand-made record sleeves and mailed out hundreds of EPs and fan club letters.

Adopting a sinister style—spear-like "devilock" hairdos and black leather outfits—the trio, backed by a laundry list of drummers, toured the U.S. and U.K., shifting further and further towards hardcore punk rock. Their last recordings, which culminated in the album *Earth A.D./Wolf's Blood*, planted the seed for a new breed of heavy metal—Metallica cite the album as a seminal influence.

Although they'd been around during the golden age of punk, playing legendary venues, the Misfits never played to a crowd of more than 500. On Oct. 29, 1983, Glenn Danzig disbanded the group to work with a new band, Samhain. Jerry and Doyle returned, for a time, to their private lives.

It was the mid-1980s, with its growing skate-punk culture, that brought the Misfits' fame and fortune—years after they had broken up. Danzig's independent record label, Plan 9, compiled and released Misfits tracks as "collection" albums. *Legacy of Brutality* and *Die, Die, My Darling* hit the market in 1985 and 1987, respectively, the "Static Age" recordings popped up in pieces on various EPs, and the whole Misfits canon was slowly made available. As a counterpoint to new wave and commercial pop, the Misfits were heartily welcomed. The records sold well and made Danzig a wealthy man.

Perhaps the strangest blip on the Misfits timeline is Jerry and Doyle's ill-conceived *Kryst the Conqueror* EP, a 5-song Christian metal disc featuring vocals from Yngwie Malmsteem singer Jeff Scott Soto. To this day, Jerry avoids speaking about the recording, which stands in glaring contrast to his theatrically evil image.

Samhain, although relatively obscure today, drew larger crowds in

their time than the Misfits ever had. In 1988, Glenn embraced his ego and changed the band's name to Danzig. The result was a popular and mildly impressive self-titled solo disc featuring the teen rebellion anthem "Mother." Danzig's first three solo records, all produced by famed engineer Rick Rubin, stand the test of time as unique, twisted hard rock. Since then, the singer's efforts have ranged from middling to deplorable. With discs entitled *Satan's Child* and *I Luciferi*, Danzig's dark-prince persona finally took control.

After a lengthy legal battle, Jerry Only won the right to record and perform using the name "The Misfits," although Danzig would continue to collect royalties from the original recordings. In 1996, Jerry and Doyle officially reformed the Misfits, 20 years after the *Cough/Cool* EP. Recruiting 20-year-old vocalist Michale Graves and a drummer nicknamed Dr. Chud, the reformed group set out on the "Resurrection" tour, sporting a refined horror-punk style and brand new material.

A year later, the Misfits released a full-length album, *American Psycho*, named after Bret Easton Ellis's lurid novel. While some critics derided the record as a betrayal, others embraced it for maintaining the Misfits tone and horror-themed lyrics while moving the group towards catchy hooks, well-formed melodies and vocal harmony. Graves was no Danzig, but his voice worked in the studio. On stage, he struggled and was often overshadowed by Jerry Only's competent backing vocals.

The resurrected Misfits' second effort, *Famous Monsters*, hit shelves in 1999. Critics generally agreed that while it maintained the appeal of the previous album, it wouldn't win the 'Fits any new fans.

After reports of infighting and trouble with vocalist Graves, whose voice deteriorated on stage, both Graves and Dr. Chud left the group. Doyle soon followed, taking an "indefinite hiatus."

Now the lone Misfit, Jerry Only stands at the bottom of an empty grave, clawing at the edges for a way out. Old-school punkers Dez Cadena and Robo have jumped in with him, but it won't be long until they're all six feet under.

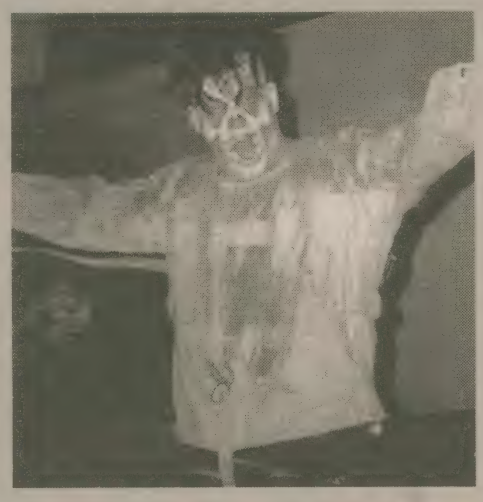
A legend until 1997 and a pleasant novelty for two years thereafter, the Misfits legacy of brutality has crumbled. Now 46, Jerry Only has assumed the role of the one true Misfit. Never mind that Danzig wrote all the original songs, for which the 'Fits are best known. Never mind that the reformation albums' best tunes were penned, in part, by Graves. Jerry Only has taken center stage.

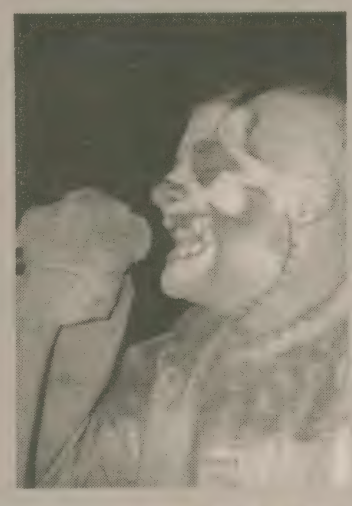
If you're attending the show at Sugar this Friday, prepare to see the Misfits at the lowest ebb in their 28-year career. While the image remains and the recordings endure, the band itself has long since died—twice, actually: once in 1983 and again in 2000, when Paul "Doyle" Caiafa abandoned the group and his brother Jerry, for a quiet life in New Jersey.

True Misfits fanatics cling to the dream of a real reunion—Danzig, Jerry and Doyle, all together—even for a single show. In 2004, Doyle joined Danzig on stage to perform two sets of classic Misfits songs. Perhaps that's a taste of things to come, but nothing has been announced.

To see the Misfits, to see a band that defined a genre by fusing camp horror with three-chord rock-and-roll, you'd need a time machine. But if you want to see one man clinging to the past, taking advantage of a favourable legal outcome, the Misfits will be playing Sugar Nightclub on Friday, Oct. 7.

If you see a small, dark man crying in the bathroom, it's not the diminutive Danzig—who stands 5'4"—but rather a confused and disappointed writer and editor, coming to terms with the death of his high-school sweetheart.





Want to see the Misfits live and find out if they're still rocking hard 28 years later?

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MARTLET HIGH TIDE ENTERTAINMENT SYN BAR & GRILLE

Lowering the black flag

The Phoenix's production of *Anarchist* stirs up the theatre experience, invites scandal and criticism

What: Dario Fo's *The Accidental Death of an Anarchist*
Where: Phoenix Theatre,UVic
When: Oct. 6 to 22
How Much: $10 for students, $18.75 general admission

by Briony Smith

TIM MATHESON PHOTO

Actor Cameron Anderson, looking oddly Frodo-esque, portrays 'Fool' in Dario Fo's controversial play.

The adage "one law for the state, one law for the individual" echoes throughout the Phoenix's production of Dario Fo's *The Accidental Death of an Anarchist*, a play powerful enough to move 10,000 hearts at a time.

Director Ned Vukovic was excited to both sink his teeth into the Nobel Prize-winning Italian playwright Dario Fo's political play, and riff on the humour of the piece. "We really wanted to accomplish what Fo set out to do, which is to provoke with laughter. When it's working, you don't know whether to laugh or not. It's a real challenge to keep that level of provocation up—it's not a cutesy clown show."

In 1969, a bomb leveled the Agricultural Bank on the Piazza Fontana in Milan, killing 16 people and injuring 88. The police rounded up the usual suspects, culled from left-wing and anarchist groups. Railway worker Giuseppe Pinelli, represented by Fool (Cam Anderson) in the play, was interrogated for four days before falling to his death from a fourth-floor window. The police cried suicide before changing their story and claiming that it was an accident.

Vukovic feels that the play actually isn't about anarchism, but about one real event that blossomed into a symbol of state corruption on a grand scale. Surprisingly, the play originated not in the pink-hued huddled masses, but during Fo's "bourgeoisie period" in the '60s.

"One night, during one of his plays," says Vukovic, "he looked out at the audience and saw an upper-class woman sitting there, smiling—very self-satisfied, smug and secure, and he wondered, 'What am I doing? Is this the type of person I should be pleasing?'"

Soon after, inspired by the fate of Pinelli, he wrote *The Accidental Death of an Anarchist.* Playing the role of Fool himself, Fo formed a troupe that would take their own sets and lighting to perform the play for thousands of people in stadiums and factories, followed by a two-hour discussion with the audience afterwards.

Provocation is essential to the political farce, so Fo, in order to keep the play relevant, gave his blessing to let people adapt his play as they wished so as to keep the material fresh.

Vukovic, working from a direct translation of the original piece, adapted the play himself for this production. He says, "The play is never done the same way twice. Set in sort of a fairytale land, a fantasy Italy, ours has all sorts of contemporary references, from Putin to Osama bin Laden. It's what makes this play unique."

For example, there were three separate productions of *Accidental Death of an Anarchist* at this year's Edinburgh Festival Fringe, each of them unique, making it easy to see how Fo has become the most performed living playwright.

Inspired by the spirit of the fluid, flexible scripts of *commedia dell'arte,* Vukovic and his cast played jazz with the text, often changing "anarchist" to "terrorist."

"It almost seems like a new play, an original piece. It really is our team's version, one that's never been done before," he says.

Vukovic hopes that its relevance to today's issues will get viewers to really look around them. "Many people use the theater for escapism, but the last thing you can call this play is escapist. We want to affect you," he says.

Decrying the types of people who clutch their $100 theater tickets like a piece of jewelry or fashion accessory, Vukovic thinks the play is the perfect show to do in Victoria. "We want to ruffle a few feathers and affect the middle-aged, well-heeled types," he says. "It has caused some trouble for the PR department!" he chuckles.

The high scandal factor helped attract fourth-year theatre student and star Cam Anderson to the project.

"A lot of people are going to hate this play, and it's going to get you whether you love it or hate it," he says. Despite the high number of politically aware and feisty activist students at the university, Anderson wants to reach older audience members too. "We really want to get to people who might just be coming expecting, 'Oooh! A nice night at the theater,'" he laughs.

With all the modern references scattered throughout the text, Anderson is hopeful that it will spark some discussion.

Vukovic adds, "The political play, with its ability to provoke, question and examine, is a genre not done enough."

"And our generation is going to have to run the world one day," says Anderson, "So we need to start sowing the seeds somehow."

Retro rockers channel '80s new wave for a nostalgic good time

Who: Nuvo Wavo
Where: Lucky Bar, 517 Yates St.
When: Sunday, Oct. 9 @ 10 p.m.
How Much: $10, $8 with Student ID

by Lindsay Dolling

LINDSAY DOLLING PHOTO

Heather Furneaux indulges in the blood of her own while proudly/shamelessly promoting Nuvo Wavo.

It was a decade of experimentation.

Trends in clothes, hair, and even drugs were radical—sometimes over the top. That's right...we're talking '80s.

Despite its reputation for excess and embarrassing fashion disasters, the '80s were responsible for some truly memorable music

Enter Nuvo Wavo, a tribute band that has embraced new wave—while many are still denying their choreographic knowledge of The Bangles "Walk Like an Egyptian"—and turned their devotion into a memorable live show.

Regardless of their local roots, the original line-up of Nuvo Wavo—Johnny Fondle (vocals, bass), Dr. Vee (drums), Jimi Lust (lead guitar, vocals), Vegas Jones (keys, vocals) and The Duke (guitar, vocals)—have developed elaborate stage personalities with fictional lives.

As '80s rock gods who had fallen from grace, explains Johnny Fondle, "We were languishing in karaoke bars and singing radio jingles through the '90s to survive."

The band insists, however, that the fake names and pasts are in no way a publicity stunt. "Masquerading behind our characters' names and personas is a way to bring a bit of the new wave era back to life, add some humor to the show, and focus on our primary goal—for the audience to have fun."

Once onstage, these alter-egos explode with full hair, make-up and wardrobe. "The only occupational hazard of being in a tribute band," Fondle admits, "is being able to squeeze into all those outfits we used to wear 25 years ago."

He re-visits the numerous "wardrobe malfunctions" the band has encountered, including torn nun outfits, and stage-light-induced make-up melting, a sight not uncommon at their wild live shows.

With a strong local following and the ability to ignite crowds with covers of popular '80s tunes like Devo's "Whip It," Soft Cell's "Tainted Love," and "Video Killed the Radio Star" by the Buggles, Nuvo Wavo has the opportunity to achieve a success enjoyed by many notable cover bands. This is, however, not what they had hoped to gain. Fondle maintains, "We're here for a good time . . . not a long time!"

The members of Nuvo Wavo are dedicated to ensuring the satisfaction of each and every show-goer. Granting song requests and giving each performance 110 per cent because, according to Johnny Fondle, "Cyndi Lauper, as the great poet of her generation, once said, 'Girls just wanna have fun,' so we're trying as hard as possible to honour Cyndi's last wishes."

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CD REVIEW | SILVERSTEIN

Silverstein
Discovering The Waterfront
Victory Records

by Clarke Ries

Silverstein has dodged the sophomore jinx with their second album, *Discovering The Waterfront.*

Shane Told's lyrics are a joy, an honest attempt at originality in lieu of the clichés the music industry embraces. Told repeatedly defies typical rhyme schemes in favour of developing and delivering a powerful and often poetic message, and he does so with allusion to Shakespeare and Julius Caesar, revealing a depth rarely explored in pop music.

Silverstein guitarists Neil Boshart and Josh Bradford lay down solid rhythms and riffs that tie the songs together with a common theme and give each a unique twist, creating a cohesive album that should be listened to as a whole. Paul Koehler's drum lines are intricate, keeping the constantly changing math-rock time signatures on track.

All Silverstein needs to do now is stop screaming. Unfortunately, no song on the album is complete without at least two or three lines of guttural howling that stick out like a sore thumb. Silverstein's songs are intensely melodic, even the heavier tracks like "Fist Wrapped In Blood," and nothing about that background provides musical support for the sound of Told vomiting death metal throughout the choruses.

For those who loved their first album, *Discovering the Waterfront* lives up to the Silverstein name. If you're into heavy rock, it's definitely worth a listen.

CD REVIEW | LARS FREDERIKSEN

Lars Frederiksen & the Bastards
Viking
Epitaph Records

by Ford Walker

Punk rock demigod Lars Frederiksen has once again breathed life into the dying punk rock scene with his second album *Viking.*

After a single listen, you'll want to smash a window and light a car on fire. Starter track "Bastards" begins with the revving of an engine, and from there the album flies by at 100 clicks an hour.

While the Bastards self-titled debut album had a high replay value, Viking is a major improvement on their sound. There's a notable refinement in sound quality on the second album, and Lars' voice is clearer and more audible. The guitar is cleaner than ever, pounding out infectious riffs that stick in your head.

The social consciousness present in their first album has not been lost in the three years it took to produce Viking. Tracks like "SxPxDx," "1%" and "Mainlining Murder" carry on themes of social justice and equality. A few love ballads make their way into the mix as well, including the skunk track "Marie Marie" and "Little Rude Girl."

It's not far removed from classic Rancid albums, especially *And Out Come the Wolves.* Frederiksen's new crew has its own vibe, but they're channeling their frontman's famous origins.

VJ hopefuls strut their stuff

MuchMusic digs its claws into the UVic student body for a new reality show

by Sarah L. Wakelin

LINLEY FAULKNER PHOTO

MuchMusic personality Aliya-Jasmine Sovani (right) and a local TV personality arbitrate the sloppy, drunken "auditions" to become a Much VJ. Poor advertising—many contestants claimed to have heard about the contest on the day it took place—led to a less-than-overwhelming turnout.

Last Monday night, MuchMusic video jockey wannabes strutted their stuff on a makeshift stage at Felicita's, trying to see how much idiocy they could cram into two minutes of airtime.

Somehow, this could increase their chances of becoming the host of a television show. Sound ludicrous? For the most part, it was.

It is true that snagging the gig would likely be an improvement on whatever jobs the students were using to support themselves. "I've always wanted to be a MuchMusic VJ" was the sentiment echoed by many contestants, their eyes starry and their stomachs full of butterflies. This was early on in the night, however, and the nervousness seemed to wear away as more alcohol was downed and more bad jokes spewed up.

Of course, this is to be expected when you hold job interviews in the midst of a campus pub. What kind of station searches for its new host by videotaping inebriated college kids in front of their jeering (or just plain uninterested) peers, and then puts the top ten candidates in a house and makes a show out of it?

That same station's motto for the show is "Expose Yourself." Whether they meant that figuratively or literally didn't seem to matter to the contestants. Many contestants were content to just act random in front of the camera, from the boring, "I know a lot about music," and, "I've got very diverse tastes," to the strangely irrelevant, "I have no friends."

However, not to disappoint those who took it literally, bare asses were flashed. There was even a stint involving a guitarist who thought his riffs would improve if he removed his pants. The largest cheers were garnered, ironically, by Ford Walker, who made fun of the station itself, declaring, "If you've seen one Britney Spears video, you've seen 20."

It leaves one to wonder why MuchMusic would take such an approach. After all, they are looking for somebody to be the shiny, rubberized face of a national TV station. Wouldn't it make sense to choose more carefully?

The search means "*you* actually get to choose the next Much VJ," said host Aliya-Jasmine Sovani. "If you do it in front of a panel of judges, what's going to happen is that it's going to be decided by other people. What we do with the VJ search is that you guys decide."

However, Sovani went on to sheepishly admit that that isn't entirely the case. The public only gets to vote after the competitors are slashed down to the final ten. "It's quite true," she said. "We videotape all the auditions and send them all back to Much headquarters, [but it's] the big-wigs at MuchMusic [who] will . . . whittle it down to ten people."

"It's not at all like [reality TV show] Big Brother, not at all like anything [else] out there," she continued, making it a point to deny that placing people in a house for 10 days with cameras running constantly isn't a reality show. Some students seem to think it's an interesting idea, though most are in agreement that it doesn't have much to do with music.

Does Much need another filler show? Flip to the channel these days and it's quite rare to actually see *music.* The latest episodes of Pimp My Ride or Fandemonium seem to take precedence, which in many senses defeats the purpose of a music channel. When questioned, Aliya replied, "MuchMusic is a pop-culture [channel] . . . you'd have to take it up with the program director."

Is Much so desperate for more viewers that it feels compelled to create an entire reality show for a VJ search, something that has worked in the past by just airing a few special episodes?

Contestant Patrick Stansfield looked thoughtful before flashing a wicked grin when asked about the contest.

The reality show idea is "kind of sick, you know," he said. "Kind of like a train wreck: you don't want to look, but you can't stop."

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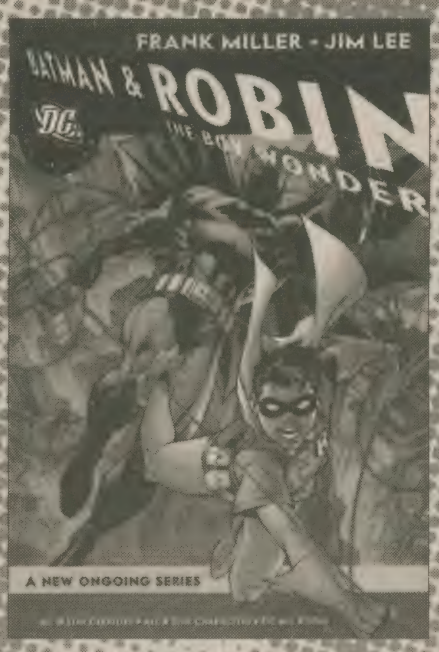

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Mastering the wheels of steel

DJ Jelo pulls out the 'ginormous monster tracks' for one night at Hush

Who: DJ Jelo
Where: Hush nightclub, 1325 Government St.
When: Oct. 13, past your bedtime
How Much: Call 385-0566 for prices

by Stevie Campbell

PROVIDED PHOTO

A constant in the Toronto electronica scene, Jelo makes an annual visit to Victoria—just like Santa!

Asked if he is now, after 10 years of playing hard, dirty dance music to crowds across the country, at the pinnacle of his DJing abilities, Jelo is quick to reply.

"Fuck, no," he says.

The Toronto DJ has deftly defied classification for the better half of his, by DJ standards, epic career. The Jelo sound is a constant evolution fed by his voracious search for new and old music and his ability to mash it all together into something new and unique.

What you can count on are a lot of records, up to 30 or 40 an hour, a hard-as-math bass line and a creamy smooth mix to it all—except the times when Jelo grinds and warbles the bass to squirm you to the edge. But he only does that occasionally, and only to heighten the anticipation for the bomb he's about to drop.

"I've got to pull out the ginormous monster tracks and smash people," he says. "People want me to turn up at the club and they want me to smack them around . . . there has to be some type of surprise, there's got to be that element where all of a sudden it's just like, where the fuck did that come out of?"

A mini-legend in the Canadian electronic music scene, known for his technical touch on the wheels of steel, Jelo isn't shy about his abilities.

"I'm known as one of the fastest beat-matchers in this country," he says, "and I'm completely, strictly pitch-control. You'll rarely see me actually touch the record to speed it up or slow it down. And I've gone out of my way to learn how to do that because I was bored senseless by watching guys stand there and be human iPods. That's fucked up. It's like they're just sitting there and . . . playing someone else's music. I don't do that, I remix music live."

The live show is where Jelo earns his keep. He plays in Toronto constantly, and he travels across Canada at least once a year. To techno, house, and breaks fanatics across Canada, Jelo is like a cool uncle who rolls into town once a year with crazy stories and wicked gifts.

In Victoria, Jelo's home is Hush nightclub and his gift is a tear-the-roof-off set that almost always goes until 2:30 in the morning.

The garden city "is filled with music lovers... and the people there are definitely intrigued by a lot of new sounds," he says. "So, I mean, that shit's like food, man—being really hungry, starving, and then all of a sudden being served a buffet."

Although he's surrounded by alcohol and, let's be honest, more than a few narcotics night after night, Jelo sticks to old favourites.

"I'm not a big alcohol guy. I mean I get drunk all the time, but . . .I guess Vodka-Seven, or a beer. You know, I'm not really a fancy cat like that."

Among the many clubs he plays, the DJ has a special fondness for Hush.

"I love that it only holds 250 people," he says of the club. "I love that it gets amped. I love that the whole place is moving. I love that they lock the doors and let me play for a half hour longer. I love it all."

In preparation for the Oct. 13 show, Jelo has hunkered down and organized a mighty set.

"I've already been pulling records thinking about the gig. I mean, out of all the cities I'm going to be doing on the little mini tour, [Victoria] is the one that is going to get fucking dropped on."

CD REVIEW | PINK MARTINI

Pink Martini
Hang on Little Tomato
Heinz Records

by Bryna Hallam

There was a time when I slung coffee for MegaCoffee Corp. We could only listen to compilations of music that were sent to us by head office, which was sometimes okay, but mostly terrible.

The highlight of the daily rotation was Pink Martini's "Sympathique." A jaunty French tune, the chorus starts off with, "Je ne veux pas travailler." If my high school French serves me right, that means something like: "I don't want to work." It was a sweet, if small, victory to sing it while I made lattes.

It was with this memory that I sat down to listen to the group's newest album, *Hang On Little Tomato*. A sound similar to their first album, *Sympathique*, the music on this CD is an eclectic mix of something like a 1930s Cuban dance orchestra, a classical chamber music ensemble, a Brazilian marching street band, and Japanese film noir.

Unless you're fluent in a wide range of languages, don't expect to understand the entire album—there are songs in French, Italian, Japanese, Croatian, Spanish and English.

The thing is, you don't need to understand it. This is mood music, made to evoke sunny afternoons on the patios of Italian cafes. Throw it on in the background, feel cosmopolitan, and keep summer alive.

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Laughing at déjà vu

Canada's Nihilist Spasm Band take improvisation to inventive extremes

Who: The Nihilist Spasm Band
Where: Open Space, 510 Fort St.
When: Monday, Oct. 8 @ 8 p.m.
How Much: $8 members, students & seniors, $10 general

by Melanie Greene

Here's a show that promises to be different than anything you've seen before—even if you've seen it before.

The Nihilist Spasm Band (NSB) completely improvises every time they play, and they don't always know what sounds will come out of their homemade instruments.

The band's collection of noise-makers includes a giant electric kazoo, an electric thumb piano, a three-and-a-half-string bass, and various other unconventional stringed instruments. The only plain-Jane item is their drum kit, pieced together from many others.

They do, however, write their lyrics ahead of time. But the vocalist sings them differently every time, sometimes forgetting the words altogether and replacing them with incomprehensible noises.

"We never do anything the same twice," says John Boyle, electric kazoo, electric thumb piano and drum player for the NSB.

John and the rest of the band have been together since 1965, when they pioneered a genre.

"We just got excited about it, and carried away. Once we had instruments, and none of us [was a] musician, we were forced to play inventively. We developed a new genre of music that has evolved internationally as the 'noise band movement.'"

Boyle says neither the NSB nor the artists they have played with—the group's opened for Sonic Youth and jammed with R.E.M.—have ever imposed musical style or opinion on one another. Rather, "there's been a sharing of culture," says Boyle. Blues and free jazz artists from around the world have also played with the group on many occasions.

Based in London, Ont., the members of the NSB were interested in nihilism and anarchism, although none were serious about it. One member saw a few black and red (anarchist colours) kazoos in a store and bought them as a gag.

"We tooted these kazoos and that got everybody's imagination working," says Boyle.

Wiring truck horns to the kazoos sparked the group's imagination, and they've been making peerless music ever since.

No new members have been added, although some have been taken away. Archie Leitch is now retired, artist Greg Curnoe died in 1992, and bass player and NSB co-founder Hugh McIntyre died last December. The remaining members—John Clement (guitar and drums), Bill Exley (vocals), Murray Favro (guitar), Art Pratten (Pratt-a-various and water pipe), and John Boyle—continue to make noise 40 years later.

The band keeps their improvisation alive by inventing new instruments every few years. They do it to keep their promise of never sounding the same twice, and to avoid getting bored. A 40-year-old improvisational band lives in fear of repetition.

"When we start to get bored with ourselves, then we know that [repetitiveness is] starting to happen. We have gotten into ruts, but people notice and start to say things to each other. We never analyze each other, but we get the message somehow," says Boyle.

"Usually someone will do something to shake it up. For instance, to invent a new instrument or use a new voice, and that throws everybody off. Everyone is forced to change his response to the new sound."

New sound is the NSB's foundation and motivation. When asked why the band never relocated to a more culturally diverse place where their creativity could flourish, Boyle gives an assured answer.

"Accept who you are, and choose to recognize yourself as a stylistic human with a valid point of view. Recognize the culture you're born into and build your art based on that."

MOVIE REVIEW | A HISTORY OF VIOLENCE

PROVIDED PHOTO

A shifty-looking Viggo Mortensen plays a shop-owner with a bloody past in *A History of Violence*. His attractive, dimpled chin belies a hidden nobility.

A little—no, a lot—of the the old ultra-violence

Cronenberg's 'straight film' more crooked than a Philly crime boss

by Briony Smith

Like a mall Santa with a hard-on, there's always something nasty lurking beneath the staged normality of David Cronenberg's films.

A History of Violence, the Canadian director's latest, starts off two steps away from *Leave It To Beaver* or a Douglas Sirk film, with Howard Shore's telegraphic boilerplate of a score tinkling merrily under it all.

Viggo Mortensen, all soft Midwestern drawl and sensible haircut, plays Tom Stall, who runs a diner filled with centrally-casted patrons before heading home to enjoy mildly spicy nights with his sunny public-defender wife, Edie (Maria Bello), and mornings breakfasting with his two perfect children (Ashton Holmes and Heidi Hayes).

Towns like this exist so something can happen to disrupt the aw-shucks existence of everyone in 'em, which is what happens when Stall's diner is held up by a pair of hoods.

But instead of ending up a victim, Stall disarms one man, downing him with a barrage of bullets to the chest and then, despite a knife pinioning his foot to the floor, shoots the other intruder smack in the top of the head. It's a direct hit, pulverizing the bottom of the man's face: most of his jaw gone, bone and meat splattered about his half-gone face, and Cronenberg doesn't shy away from holding the shot.

After Stall becomes a homegrown hero, enter Ed Harris as Carl Fogarty, boasting a mangled face of his own and talking with a Philly accent like a mouthful of rubber bands.

Dressed like a Blues Brother and tooling around in a black Towncar (used to great menacing effect) with two matching flunkies, he visits Stall, calling him Joey Cusack, who sounds like he must have been a real piece of work.

Tom Stall may just be Tom Stall, but after pulverizing that baddie's face, it calls into question just who was in that diner.

Cronenberg said that the title of this film has some definite Darwinian allusions—the survival of the fittest. Factor in the recent behaviour of Stall's quiet, intelligent son—after years of escaping scrapes via a smart mouth, he confronts Bobby, the standard-issue long-locked, letterman jacket-clad, homophobic jock—and the movie begs the question: you may be able to take the person out of the violence, but can you take the violence out of the person?

Latching onto the small town idyll can be as perverse as any of the other peccadilloes enjoyed by some of Cronenberg's creepy characters, from the escapist gaming of *eXistenz* to *Crash*'s car-wreck fetishists.

Stall's son gets wise to the call of the wild, and seeing whether Stall does too makes for a stupendous thriller that earns extra points for having a brain attached.

The life characterized by Technicolor pot roast and sheriffs who "take care of their own" is always trumped by real life—underscored by a history of violence, not Howard Shore.

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FRI & SAT;
2:30 & 7:00 & 9:25

MARCH OF THE PENGUINS
SUN; 2:30, 7:00 & 8:45
MON & TUES; 7:00 & 8:45

HOCKEY | VANCOUVER CANUCKS

Hockey junkies set to finally get their NHL fix

New crease could squash Cloutier's excapades to the corner

by Tom Grainger

If you're reading this, you've no doubt just finished wasting—I mean, spending—quality class time discussing the merits of Wednesday's regular-season opener between the Canucks and the Phoenix Coyotes.

Bertuzzi's return to the ice, Gretzky's debut as head coach of the Coyotes, and Marc Crawford's freshly dyed brown hair are sure to be key storylines as the puck drops on the 2005–06 NHL season.

As I walked into GM Place for the first time in a year and a half, the first thing that struck me is that nothing has changed since the Canucks last skated here in the spring of 2004. Even the hotdog bun from the concession had mould on it. So much for the NHL's "fresh start."

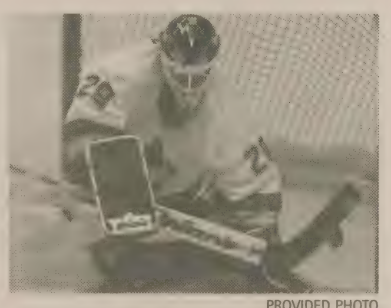
But there have been on-ice changes. New lines run on either side of the crease and go straight from the goal line to the end boards, creating a box behind the net. When behind the net, the goalie is only allowed to play the puck with his feet and only in the marked box. It's a two-minute penalty if he skates into the corner to play the puck.

It's a stupid rule that Canuck fans will nevertheless rejoice over, as it should keep Cloutier from straying too far from the net.

The final pre-season game showed Ryan Smyth and Chris Pronger as the most dominant players out on the ice, but in a game that saw the Canucks win 6–2, Oilers fans should be concerned—good as they are, those two can't win games on their own.

As for the 'Nucks, watch out for Daniel Sedin. He scored two goals on Sept. 30 against Calgary and earned the first star in the game against Edmonton. And he's not playing against Oiler hopefuls destined for another season with the Florida Everblades of the ECHL. Much of his game was played against Mike Peca, one of the best forechecking centres in the league. This may be the breakout season for Daniel, along with his brother Henrik.

And while my hero Dave Dickenson sustained a concussion across the street as the Lions dropped their second straight game of the season to the Roughriders (not to worry, he'll be ready to go for the Grey Cup), my other hero, and the greatest Canuck of all time, welcomed back his fans. Midway through the second period, Trevor Linden put a beauty goal in the net



PROVIDED PHOTO

Will Coulter do it again?

and received a thunderous ovation from the near sell-out crowd of more than 18,000.

Though there was no tie, the teams prepared for the regular season with a shoot-out, which will be used to name a winner if time remains after regulation play and five minutes of overtime. Cloutier was sharp in net as he faced Edmonton's shooters and saved three of four shots.

Hockey is back. It took a year, but it's great to see all-stars on two Canadian teams take to the ice. It's also great to see them play free from the prying fingers of big-money teams like the Rangers and Red Wings, though now constrained by a salary cap. And it was well worth the wait.

Get ready—it's going to be a great year.

Dynamic trio of Carter, Sedin twins could show up Naslund, Bertuzzi, Morrison

by Mike Berry

Even without starters Markus Naslund and Todd Bertuzzi, the Vancouver Canucks looked pretty solid in their final pre-season game against the Edmonton Oilers Oct. 1. The Canucks won 6–2 in regular play and won 7–2 after the shoot-out, a regular feature of pre-season games regardless of score.

GM Place was nearly full as fans took advantage of cheaper tickets, and hoped, as did I, to see both teams play with their regular season line-up. Edmonton missed a couple minor players but even two of their top acquisitions, Chris Pronger and Michael Peca, were dressed for the occasion—a detail that makes their loss more concerning.

Though Vancouver's infamous top-line was incomplete—with Naslund and Bertuzzi sitting, only Brandon Morrison was dressed—but this obviously had no effect on the team.

With the addition of Anson Carter alongside the Sedin twins, Daniel and Henrik, it seems the Canucks have created a new dynamic trio.

If their performance was any reflection of what's to come, then the Canucks are a team to watch. Carter and the Sedins were responsible for three of the Canuck's six goals and accumulated six points between them.

In the first minutes of the game, Vancouver was on the board when Daniel Sedin scored on a power play. After that it was tit-for-tat hockey and the first period ended in a 2–2 tie.

Edmonton's first-line duo, Ryan Smyth and Shawn Harcoff, showed impressive passing and each tallied a goal and an assist. Ed Jovanovski showed why he remains the Canucks' top defensemen when he buried a slapper from the point.

But in second period, Edmonton forgot to show up. Vancouver scored four unanswered goals, the last of which squashed any remaining hope for a comeback–let alone a hockey game–with 10 seconds left.

The third period was like watching a predator play with its food.

Though I was sad to see Edmonton go down so easily, it was great to see hockey again. The new rules will definitely open up the game, making it a little more exciting—I, for one, enjoy 2–1 hockey games.

It was funny to watch some players try to adapt. Ty Conklin, Edmonton's keeper, caught himself a couple times trying to play the puck while it was heading out of the new lines behind the net and into the corner.

The referees were also cracking down on illegal stick work. In total, the game saw 52 minutes in penalties, with four of Vancouver's six goals scored on a power play.

Penalties definitely slowed the game down, which kind of counteracts the desire to open the game up. But the refs have to start somewhere. It may prove a little annoying, but hopefully it's not without some success.

Vancouver opened their regular season against the Coyotes on Oct. 5 and play Edmonton again on Saturday, Oct. 8. The question now is: will there be a Hockey Night in Canada?

PROVIDED PHOTO

Under new NHL rules, Canucks keeper Dan Cloutier will be penalized if he leaves the net to handle the puck in the corner.

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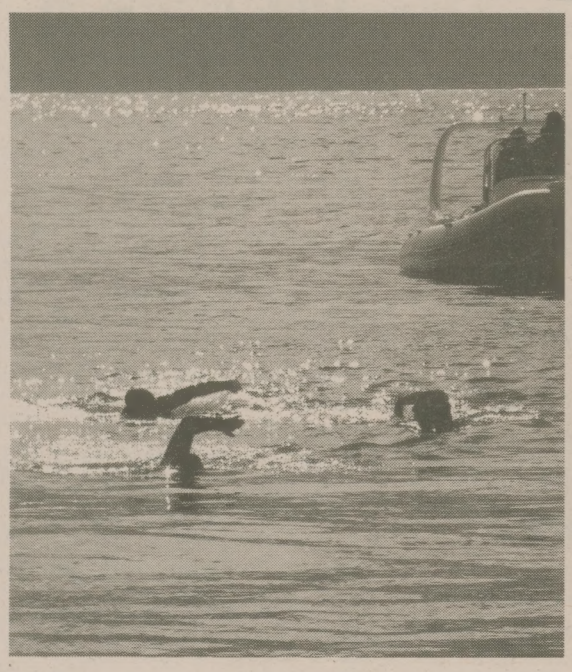
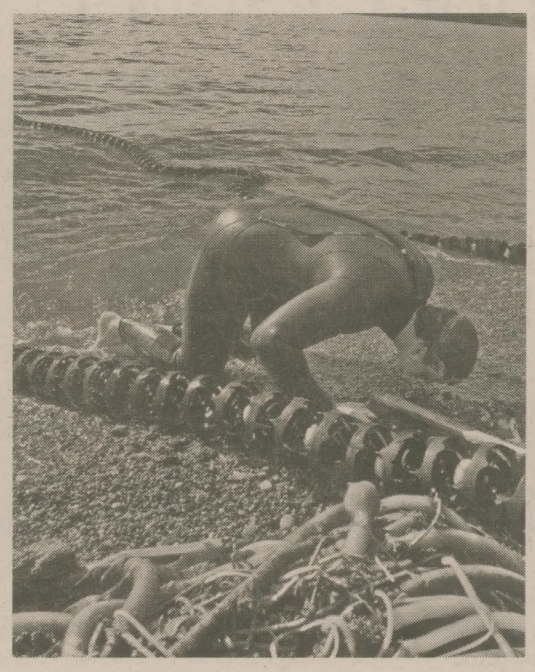
Swimmer circles Island, pulls off 'aquatic Everest'

by Micah Luxen





AARON MCMILLAN, CRAIG MCNAIR PHOTOS

Victoria athlete Rob Dyke swam the 1,400-kilometre Island Aquathon and raised $25,000 for Red Cross Water Safety. He completed the 94-day swim Oct. 2 at Clover Point in Victoria.

Chemainus, July 7, 2005

The water had been bad, just plain bad. A two-foot chop forced him to raise his arms higher for every stroke and the adverse wind made him swallow more salt water than usual, irritating his stomach and making him nauseous. His fingers burned from jellyfish stings, his wrists smarted from the chafing, and every kilometer gained was dearly bought.

In little more than three months Rob Dyke journeyed 1,400 kilometres and raised approximately $25,000 in support of Red Cross Water Safety Education programs.

As he circled Vancouver Island, he swam five to seven hours a day in the Strait of Georgia, the Pacific Ocean and the Strait of Juan de Fuca. On Oct. 2, he returned to his starting point, Victoria's Clover Point, and walked ashore.

Dyke and two of his Island Aquathon teammates, Ian Scanlan and Peter Dezwager, completed the 94-day swim as a group of onlookers cheered, clapped and sang "Hallelujah." Amid the fanfare and press, Dyke was blessed by Songhee Elder, Elmer George.

"I accomplished something that I didn't think was possible to do," said Dyke, a water safety instructor who credits the Red Cross for his basic swimming and leadership skills.

This was Dyke's second attempt at swimming around Vancouver Island. In 2003, after 900 kilometres in the water, he was hit by a four-meter wave south of Port Alice on the northwest coast of the island. He suffered a dislocated shoulder and was forced to quit before reaching his goal.

"Remember that painful scene with Terry Fox, when he had to stop?" said Ron Nye, who took in the scene as Dyke completed the Aquathon and exited the water. "I think it was just as painful for Rob when he had to stop. The fact that he came back just shows that people can do more than they think they can do.

"It's steadfast perseverance," he continued. "When you consider how many hours he's out there alone, how many times he's got to go back in the water, even when he doesn't feel like it."

Cape Scott, Aug. 19, 2005

Great news from the team last night! Rob pushed on for a longer swim and made it around Cape Scott one day earlier than he had planned. The conditions were perfect and the team is relieved that this stretch is now behind them.

The region is known for its difficult waters and severe storms, but its many natural beauties and abundant marine life compensates for complicated navigation. Pods of orcas were spotted fishing salmon in the distance yesterday, and [Aquathon teammate] Mike [Boyd] managed to get a salmon of his own.

In addition to accomplishing the swim, Dyke aimed to bring awareness to water injuries and preventable drowning.

According to the Red Cross, more than 400 people drown in Canada every year and countless more are injured in recreational water activities.

"Most of those [drownings] could be prevented if people knew how to make wise choices," said Bruce Andrew, public affairs coordinator for the Red Cross. "We really want to educate people. That's why Rob swam around the island."

As they made their way around the coastline, the Aquathon team rested and taught within coastal communities.

"They've given us food, they've given us homes, they've given us support and we've brought them to the fore-front of [water safety] awareness," said Dyke. "They've all lost family members [to water accidents] and it's time to make it stop."

The Island Aquathon pulled in $7,000 on Oct. 2 alone. To date, Dyke has raised one-quarter of his goal of $100,000.

Royal Roads, Oct. 1, 2005

Ninety-three days after the start of this great adventure at Clover Point, the team is thinking, "Already the end."

Already? Yes, it has been hard work, especially for the swimmer who has struggled with cold water, various weather conditions, tides and currents, and the occasional unfriendly creature. Yet, the word "already" crops up in conversation. And the team-members smile as they look back because they, "ever with a frolic welcome, took the thunder [with] the sunshine."

—Journal entries from www.IslandAquathon.ca

University of Victoria Students' Society / Canadian Federation of Students Local 44

ANNUAL GENERAL MEETING

UVSS

THURSDAY, OCTOBER 20, 2005 - 3:00pm, CINECENTA

- AGENDA -

*Please Recycle

CFS FCE

1. CALL TO ORDER
2. APPROVAL OF CHAIR
3. ADOPTION OF AGENDA
   a. Agenda of 05/10/20 AGM
4. ADOPTION OF MINUTES
   a. Minutes of 03/10/16 AGM
   b. Minutes of 05/02/10 SAGM
5. SPECIAL RESOLUTIONS

Motion 05/10/20:01

BIRT Gender Policy #2 from the UVSS Issues Policy be amended to read *(text in bold will be added)*: The Society opposes the implementation of any new abortion law **which restricts women's access to abortion or rights to body integrity.**

Motion 05/10/20:02

BIRT the Electoral Policy be amended to:

- Change #5 under Definitions to read "The term 'slate' shall be defined as a group of candidates campaigning in support of each other in an election under a common name, slogan, and/or logo."
- Change the following under Candidate Preparation, Nominations, #4:
  - delete bullet-point #7 and renumber accordingly.
- Change the following under Candidate Preparation, Slates:
  - delete #1 and replace with "Candidates may not officially organise as slates or use common names, slogans, and/or logos."
  - delete #3 and replace with "A candidate may not produce campaign materials that are not attributable to him or herself"
  - delete #s 4, 5, and 6.
  - add "4. Candidates may not refer to other candidates in their campaign materials and at all candidates forums."

6. REPORTS
   a. Board of Directors Report

Motion to adopt the report of the Board of Directors

BIRT the October 2005 report of the Board of Directors be adopted as presented.

7. FINANCIAL MOTIONS FOR CONSIDERATION

Motion to adopt the budget

BIRT the 2005/2006 Budget of the University of Victoria Students' Society - Local 44 of the Canadian Federation of Students - be adopted as presented.

Motion to adopt the audited financial statements

BIRT the 2004/2005 audited financial statements be adopted as presented.

Motion to re-appoint the auditors

BIRT the firm of Blain Allen Inc. be appointed as the official auditors of the University of Victoria Students' Society - Local 44 of the Canadian Federation of Students - for the fiscal year of 2005/2006.

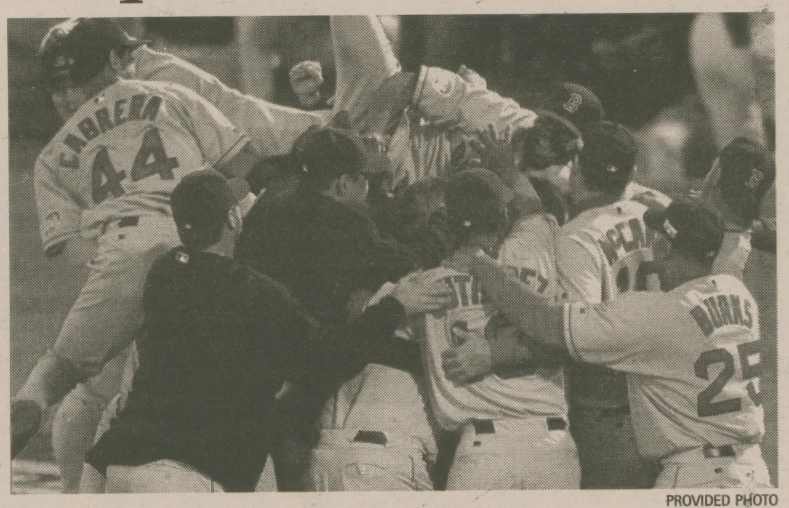
8. QUESTION PERIOD (limit 30 minutes)
9. OTHER BUSINESS
10. NOTICE OF MOTION
11. ANNOUNCEMENTS
12. ADJOURNMENT

BRING YOUR STUDENT ID
Free coffee, tea and snacks

BASEBALL | MLB PLAYOFFS

You can't script October

by Gavin Day



PROVIDED PHOTO

Baseball fans can expect playoff thrills and controversy, but the magic of last season—with the Boston Red Sox clinching the World Series after an 86-year drought—will be hard to beat.

It took until the final day of the season, but the matchups are set for the 2005 Major League Baseball (MLB) playoffs. Some teams were expected to make it, just as others are something of a surprise.

With the magic of last year's playoffs still lingering, a new showing is ready to excite us again, but will have a tough time topping the epic collapse of the New York Yankees in the American League (AL) Championship Series or the Boston Red Sox finally breaking the "Curse of the Bambino."

The games started Oct. 4, and baseball fans will be dazzled once again. October—in baseball terms—means anything can happen, and probably will. There will be upsets, there will be controversy, and I for one would not have it any other way.

American League

Taking a look at the AL matchups, we see that both the New York Yankees and Boston Red Sox are again back in the post-season, as are the Anaheim Angels (the Los Angeles Angels of Anaheim, the official name, still sounds wrong to me) and the AL Central Champions the Chicago White Sox.

The Yankees came from well back in the standings at the all-star break to barely beat the Red Sox for the AL East title. The two teams are actually tied, but the Yankees get the nod for a better record between the two teams. The Boston Red Sox clinch the wild card on the last day of the year after a loss by the third-place team, the Cleveland Indians.

The two AL Division Series' began Oct. 4 with Chicago hosting Boston in the "Battle of the Sox," and the Angels entertaining the Yankees in Anaheim.

In the series openers Oct. 3, Chicago shamed Boston 14–2 and New York slipped past Anaheim 4–2.

National League

In the National League (NL), the Atlanta Braves and the St. Louis Cardinals make their yearly trip to the post-season and are joined for the second year in a row by the Houston Astros and the NL West Champions, the San Diego Padres.

The Braves won their 14th consecutive NL East title (not including the 1994 strike season, where the now-extinct Montreal Expos were running away with the division when the stoppage came).

The NL West has been dubbed the NL Worst, with the Padres being the only team in the division with more wins than losses. The Cardinals faced the Padres Oct. 4 at Busch Stadium in St. Louis, while the Braves and Astros series began Oct. 5 at Turner Field in Atlanta.

St. Louis defeated San Diego 8–5 to take a lead in the best-of-five series. Other scores were not available at press time.

VIKES ScoreBoard

Women's soccer

Vikes 6–Cougars 0

Kasia Gwiazda earned a shutout for the Vikes in a 6–0 win over the U of Regina Cougars. **Janelle Smith, Cheryl Bjorgan** (2), **Alli Bach** (2), **Jackie Snell** capitalized for the Vikes, who got two shots on net compared to four for the Cougars.

Vikes 0–Huskies 1

In a low-scoring game, the Vikes fell to the U of Saskatchewan Huskies.

Vikes 2–Pandas 3

Amelie Mercier and **Moira Hood** scored.

Men's soccer

Vikes 0–Huskies 1

The Vikes were defeated and suffered a shutout against the U of Saskatchewan Huskies

Vikes 1–Bears 2

The Vikes fell to the U of Alberta Bears when a tie was broken late in the game. **Peter Richmond** scored.

Women's rugby

Vikes 24–Cowichan 45

UVic took an early lead, but fell to Cowichan's strong defense. **Jessica Donovane, Amanda Campbell** and **Brittany Waters** scored.

Men's rugby

Vikes 62–Cowichan 20

UVic took of to a quick start and continued to overwhelm Cowichan throughout the game. **Steve Batie, Dave Spicer, Brian Hutchinson, Neil Meechan, Mike Danskin, Kyle Haley, Pat Tritchler** and **Dave Moonlight** scored.

Men's golf

The Vikes tied for 11th place out of 16 teams at the Western Washington University golf invitational. The five-person team shot a three-day score 889. **Todd Halpen** tied for 10th of individual scorers with 217 over three days.

Women's field hockey

The Vikes were triumphant in Calgary at the season's second Canada West Tournament with a tie and two wins.

Vikes 1–Pandas 0

The Vikes handed the U of Alberta Pandas their first loss of the season. **Gillian Minty** earned the shutout and **Natalie Wise** scored.

Vikes 1–Thunderbirds 1

After a scoreless first half, a second-half UVic goal was followed eight minutes later by a UBC T-Bird goal. **Natalie Wise** scored.

Vikes 3–Dinos 0

The Vikes capitalized early, but the U of Calgary Dinos was solid for the rest of the half. The Vikes landed two more goals in the second half. **Natalie Wise** (2) and **Stephanie Krgovich** scored.

Men's cross-country

The Vikes clinched third at the Willimette Invitational in Salem, Ore. Top-placing Vike **Steven Murenbeeld** finished 12th.

Women's cross-country

The Vikes finished sixth with **Leah Burley** lifting the team's standing with a 14th overall finish.

-compiled by Megan Stewart

Classifieds

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FOR HIRE

ENGLISH TUTOR: 35 years' experience. 383-1058.

Writing Help 477-9605. Proofreading, Editing. 25 years' experience. Published author. N. Jones BA M.Ed MTS RRP (UVic Grad).

ENGLISH tutor for ESL, essay help. 592-8340. bentels@shaw.ca

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VOLUNTEERS WANTED

Volunteer Opportunities at Swan Lake Christmas Hill Nature Sanctuary—Nature Interpreter with school groups and Nature House Receptionist. For more information call 479-0211 or email: volunteer@swanlake.bc.ca

BE AN IN-SCHOOL MENTOR Mentor a student in an elementary school 1 hour/week. Play games, sports, cook, read, do arts and crafts and other fun activities. Call Big Brothers Big Sisters at 475-1117 bonnie@bbbsvictoria.com.

Volunteers of all ages are needed to assist individuals with disabilities to get out and be active. By donating only 1-2 hours a week you have the opprotunity to participate in an activity you enjoy while giving back to your community! To get involved or for more information, please call Bryanna at 477-6314 or visit: www.rivonline.org/RIVSite.htm

Seize the moment - new skills, new friends, and new opportunities - Volunteer with us. NEED Crisis and Information Line. Training group starting Oct 1st. 386.6328 / www.needcrisis.bc.ca

The BC Cancer Agency - Vancouver Island Centre is currently recruiting volunteers for Patient Support positions and for their busy TeaLC Café. Shifts are 3 and 4 hour, once a week. If you are interested in volunteering in this rewarding environment and are available to help out during a weekday, please contact Volunteer Services at 519-5500 ext 3747.

ON CAMPUS

Live Jazz at the Grad Lounge this Tuesday 6 p.m. - 9p.m.

Are you interested in global issues? Then the Commonwealth Society is for you! Get involved today! Contact Courtney at cnoble@uvic.ca

Take the "ONE-TONNE CHALLANGE" and do your part to reduce greenhouse gas emissions! www.co2zilla.ca or www.climatechange.gc.ca. For more info on how you can reduce greenhouse gasses affecting climate change, contact the University of Victoria Sustainability Project at 721-7355 or uvsp@uvic.ca

Jung Society lecture: George McEwen, MA. Archetypal Images in Film. October 7, 2005. 7:30 p.m., David Strong Building, C116. Members, $10; non-members, $15; Full-time students, $5. Phone 370-6001.

NATIVE PLANT STUDY GROUP Hans Roemer will present "Native Alpine Flowers of Vancouver Island" Oct 20, 7 p.m. UVic, MacLaurin Bldg, Rm D-116. Non member drop-in fee: $2. For more info contact 595-5820.

The Malahat Review invites book lovers everywhere to its annual Fall Literary Gala on Saturday, October 15, 2005, at the Fran Willis Gallery, 1619 Store Street, Upstairs. 8 p.m. doors open at 7:30 p.m. $ 5 at the door.

Jet Program is recruiting ESL teachers. To find out more attend one of their information sessions on campus: Wednesday, October 12th from 12:30 p.m. - 2:00 p.m. in the University Centre room A180 or on Thursday, October 20th from 12:30 p.m. - 2:00 p.m in Harry Hickman room 110. For more info. visit. www.careerservices.uvic.ca/infosessions.html

Lertlah School is recruiting education students to teach in Thailand. Come find out more at an information session on campus: Friday, October 14th from 5:00 p.m. - 7:00 p.m. in MacLaurin D 116. For more information visit www.careerservices.uvic.ca/infosessions.html

RCMP is recruiting constables. To find out more attend an information session on Saturday, October 15th from 10:00 a.m. - 1:00 p.m. in David Strong Building C103. For more info. visit www.careerservices.uvic.ca/infosessions.html

SIERRA CLUB NATURE OUTING! Wilderness Adventure at a NEW LOCATION Gowlland Tod on Sunday, October 9 at 10 a.m. -3 p.m. Hike in the wilderness of Gowlland Tod Park with naturalist Glenn Milbury. He will lead you to scenic vistas, beautiful rocky headlands, through mixed bird life and cougar habitat. Learn how this amazing piece of wilderness was protected. Meet at Caleb Pike homestead on Millstream Road. Bring hiking boots, warm layers, rain gear, water and lunch. $5 recommended donation. For more info. visit www.sierraclub.ca/bc or call 386-5255 ext. 241.

PARKING — Save money & time with a Rideshare permit. Get quick access to designated spaces—no more searching! Share driving & parking costs. Upgrade your regular permit for a Rideshare permit for free. Visit Campus Security to upgrade. Info: 721-6683 / transportation.uvic.ca

Canada And The Haiti Coup. Hear activist writers Anthony Fenton an Yves Engler discuss their new book, Canada In Haiti: Waging War On The Poor Majority, an indepth presentation on Canada's new "far from peacekeeping" role. UVic David Strong Bldg., Rm. C103, 7 pm. Free admission. Victoria Peace Coalition 478-6906.

SERVICES/ANNOUNCEMENTS

Worlds' Finest Collections okanaganposter.com greatgiftart.com

Got a song in your heart? Sign up for Victoria Idol this month and prepare for stardom. Forty amateur Vancouver Island singers of all ages will be selected for a series of playoffs leading to the big event Jan. 21 at Alix Goolden Hall. Grand prize: A studio-produced recording of the winning song – a $3000 value. The top 10 finalists in this fundraiser for PEERS Victoria will also perform on television. Big-name judges, great prizes, fun and a good cause to boot – what are you waiting for? Application forms and information on-line at www.VictoriaIdol.com, or by calling 388-5350. Deadline for entries: Oct. 5.

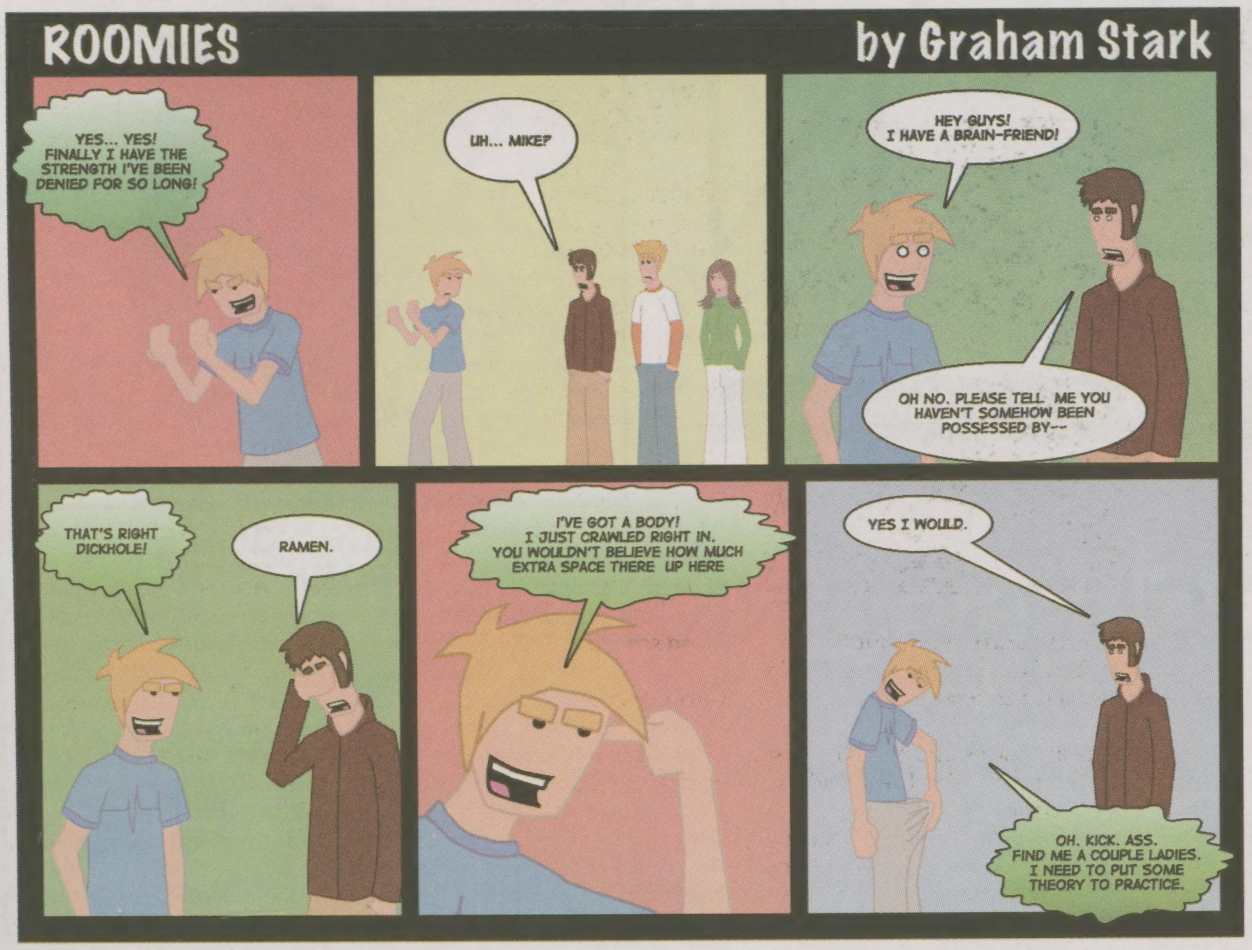
Get your life back! ARTHRITIS SELF MANAGEMENT 6 week, 2 hour/week program at Gordon Head Rec. Centre, Oct 17 – Nov 21, 1:00-3:00. $25 includes manual. Spouse/caregiver $10. Registration: 475-7100.

The Punjab Unhiversity, CHANDI GARH (U.T.) INDIA has been designated by the Ministry of Advanced Education British Columbia. If you are interested in obtaining education at the PUNJAB UNIVERSITY CHANDI GARH you can get a student loan from the B.C. Ministry of Advanced Education. For more information you can contact: mtatla@uvic.ca

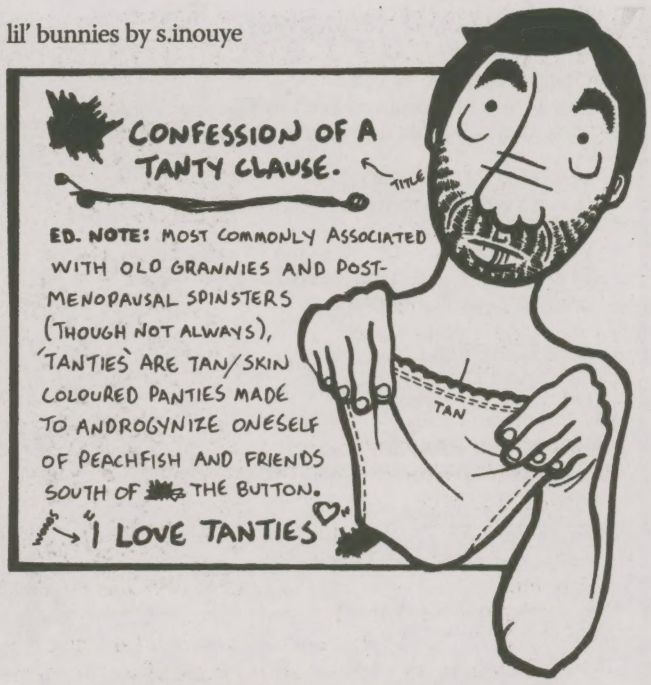
Thursday, October 13th, 6:00 p.m. - Yom Kippur Service - Everyone is invited to join our annual Yom Kippur Service which will be followed by a potluck supper to break the fast. The service will be lead by Ceremonial Leader, Sharon Kobrinsky and our resident musician, Gary Cohen. Non-members - $20.00. Contact Sharon Kobrinsky - 474-7173 for more information.

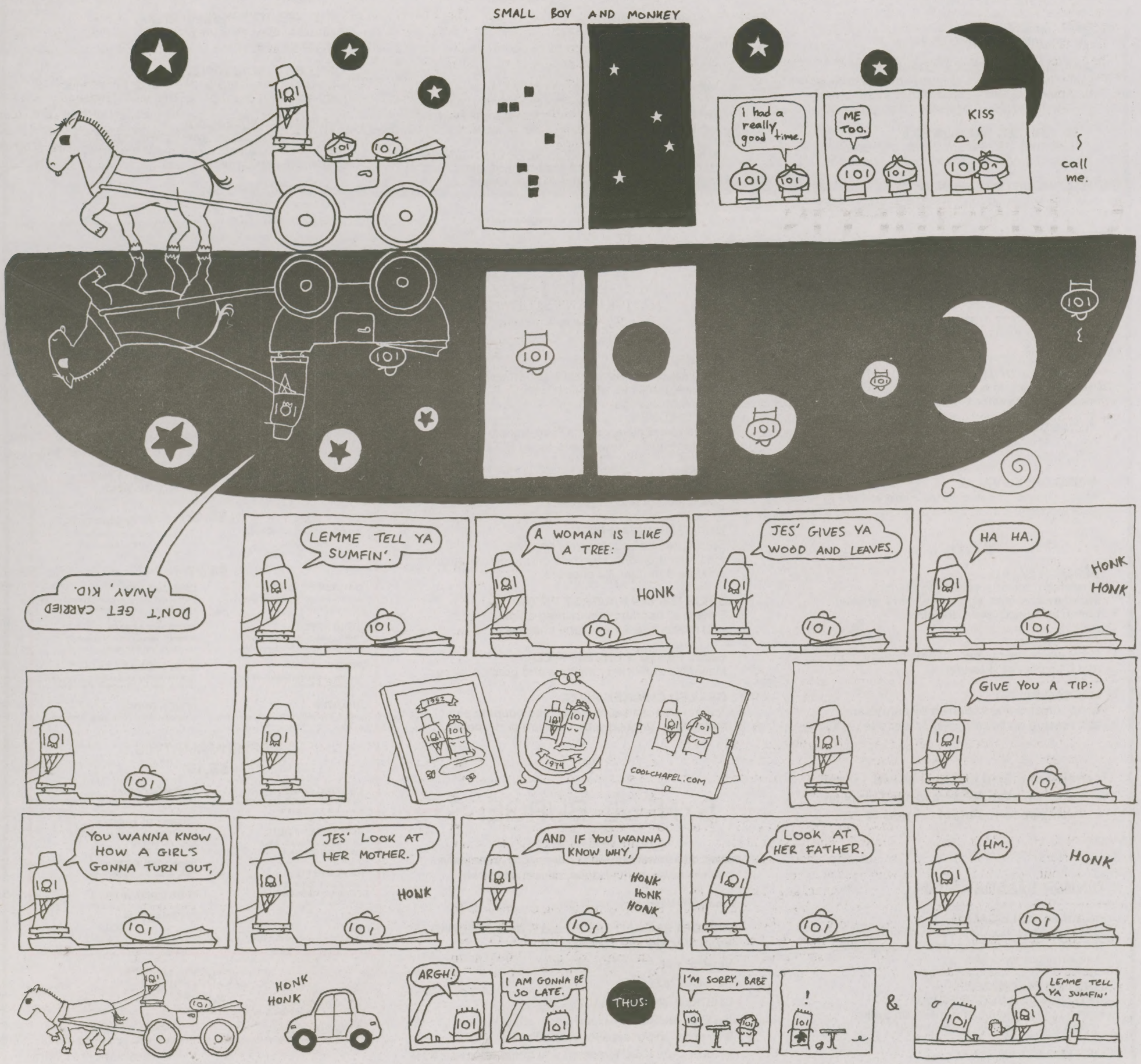
FOR SALE

1994 Pontiac Sunbird for sale. 3.1L, 5 speed, fully loaded, alloy wheels. Excellent condition, mint interior. Newer tires, w/pump, alternator, and recent tune-up. New sound system with 12-CD Changer is optional. $2950 obo. Call (250) 889-4776.


ROOMIES
by Graham Stark
YES... YES! FINALLY I HAVE THE STRENGTH I'VE BEEN DENIED FOR SO LONG!
UH... MIKE?
HEY GUYS! I HAVE A BRAIN-FRIEND!
OH NO. PLEASE TELL ME YOU HAVEN'T SOMEHOW BEEN POSSESSED BY--
THAT'S RIGHT DICKHOLE!
RAMEN.
I'VE GOT A BODY! I JUST CRAWLED RIGHT IN. YOU WOULDN'T BELIEVE HOW MUCH EXTRA SPACE THERE UP HERE
YES I WOULD.
OH. KICK. ASS. FIND ME A COUPLE LADIES. I NEED TO PUT SOME THEORY TO PRACTICE.

lil' bunnies by s.inouye


CONFESSION OF A TANTY CLAUSE.
TITLE
ED. NOTE: MOST COMMONLY ASSOCIATED WITH OLD GRANNIES AND POST-MENOPAUSAL SPINSTERS (THOUGH NOT ALWAYS), 'TANTIES' ARE TAN/SKIN COLOURED PANTIES MADE TO ANDROGYNIZE ONESELF OF PEACHFISH AND FRIENDS SOUTH OF THE BUTTON.
"I LOVE TANTIES
TAN



TEASERS (samples) - $5

ONION RINGS
Extra-thick cut tempura-battered Spanish onions with roasted garlic and ancho chili ketchup.

WAFFLE CUT POTATOES
Served with gorgonzola cream sauce.

FLATBREAD
Choose from garlic parmesan or rosemary, garlic and goat's cheese.

BRUSCHETTA
Hothouse tomato, fresh basil and goat's cheese.

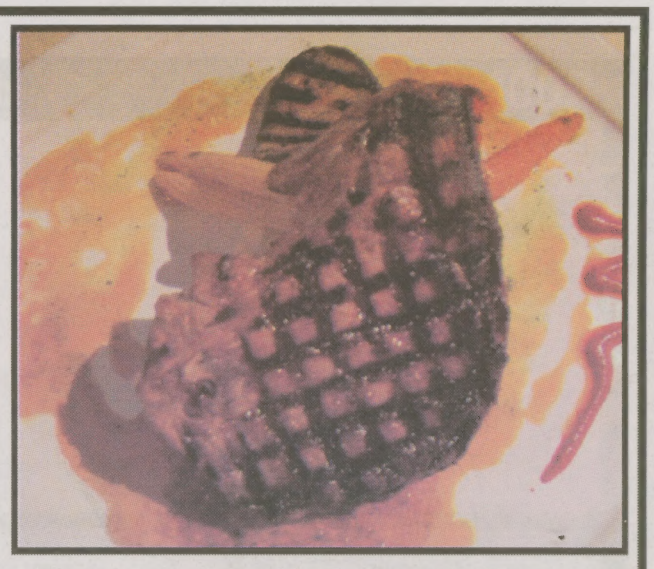
EDAMAME BEANS
Sauteed with sea salt, fresh herbs and lime.

CHICKEN WINGS
Oven - Baked. Louisiana hot, honey garlic or sea salt & black pepper.

SYN
BAR & GRILLE

759 Yates @ Blanshard

384-7494



ANCHO GLAZED PORK CHOP

4 COURSE DINNERS

INCLUDES:

antipasto plate
&
choice of: soup (chowder or 'kettle') **or** salad (mixed greens, caesar or spinach)
&
choice of: main course from the selection below
&
choice of: Old-fashioned deep dish Granny Smith apple pie, cheesecake or turtle pie

4 COURSE DINNERS!

$15.5

4 COURSE DINNERS!

$15.5

BRAISED BEEF SHORT RIBS
Served with roasted garlic mashed potatoes.

BURNT ORANGE AND ANCHO GLAZED PORK CHOP
Served with roasted garlic mashed potatoes and seasonal vegetables.

BBQ GLAZED SIDE RIBS (1 lb)
Served with Asian-style coleslaw.

AAA SIRLOIN STEAK MEDALLIONS
Grilled, sliced sirloin topped with blue cheese and creole butter. Served with roasted garlic mashed potatoes and seasonal vegetables.

FIRE GRILLED SALMON FILET
Served with a sweet soy glaze, an apple, pear and ginger salsa and roasted potatoes.

HALF ROASTED CHICKEN
Grilled portabello mushroom and shallot cream sauce and roasted garlic mashed potatoes.

ROASTED CHICKEN LINGUINE (V)
Sun-dried tomato sauce, spinach, Italian sausage, black olives and goat's cheese.

PRAWN LINGUINE (V)
Tossed with fresh basil pesto cream sauce, spinach, roasted red peppers and portobello mushrooms.

MANILA CLAM LINGUINE (V)
Sauteed with white wine, double-smoked bacon, hot red pepper flakes, slow-roasted tomatoes, basil and roasted garlic.

LINGUINE WITH BRAISED BEEF SHORT RIBS,
Served with caramelized shallots, arugula, fried capers and topped with feta cheese.

(V) available as a modified **vegetarian** main

SPICY ITALIAN SAUSAGE PIZZA
Sweet red peppers, roasted red onions with mozzarella & Provolone cheeses.

BASIL PESTO & SHRIMP PIZZA
Marinated sun-dried tomatoes and goat's cheese.

GRILLED CHICKEN PIZZA
Chipotle & sweet red peppers and mozzarella, drizzled with a cilantro and lime aioli.

MEDITERRANEAN PIZZA
Spiced tomato sauce, sweet peppers, roasted red onions, calamata olives, pepperoncini and feta & mozzarella cheeses.

BBQ CHICKEN PIZZA
Mozzarella cheese, caramelized onions, tomatoes and our sweet and tangy BBQ sauce.

SOUPS & SALADS

$5

NEW ENGLAND STYLE CREAMY CHOWDER
Red jacket potatoes and a select assortment of seafood and vegetables.

TODAY'S SOUP "KETTLE"
Ask your server for today's selection.

MIXED GREEN SALAD
Mixed greens, roasted pears, pecans and goat's cheese tossed with a balsamic vinaigrette.

$7.5

SPINACH SALAD
Prepared traditionally; baby spinach, sliced mushrooms, egg and hickory smoked bacon with poppyseed dressing.

CLUB SALAD
Romaine, avocado, bacon, blue cheese, egg and blue cheese dressing.

CAESAR SALAD
Crisp romaine accompanied by parmesan and roasted garlic croutons. Teaser size . . . **$5**

choice of grilled prawns , grilled salmon, Cajun chicken tenders, grilled chicken or popcorn shrimp . . . add $2.50

DINNER SALADS - $10

ASIAN NOODLE SALAD
Grilled prawns, noodles, enoki mushrooms, red peppers and spanish onions, tossed with a sesame ginger dressing.

GRILLED CHICKEN AND CANDIED PECAN SALAD
With, apples, grapes, and mesculin greens, served with a raspberry vinaigrette.

GRILLED STEAK SALAD
Red onions, blue cheese, garlic-and-thyme sauteed mushrooms with baby spinach in a red wine vinaigrette.

THIN CRUST PIZZA

$10

MARGHERITA
The classic with mozzarella and parmesan cheeses, tomatoes and fresh basil.

BBQ CHICKEN
Mozzarella cheese, caramelized onions, tomatoes and our sweet and tangy BBQ sauce.

TUSCAN
Sun-dried tomatoes, spinach, mozzarella, goat's cheese and basil pesto.

MEDITERRANEAN PIZZA
Spiced tomato sauce, sweet peppers, roasted red onions, calamata olives, pepperoncini and feta & mozzarella cheeses.

SPICY ITALIAN SAUSAGE PIZZA
Sweet red peppers, roasted red onions with mozzarella & Provolone cheeses.

BASIL PESTO & SHRIMP PIZZA
Marinated sun-dried tomatoes and goat's cheese.

GRILLED CHICKEN PIZZA
Tomato chipotle sauce, sweet red peppers and mozzarella. Drizzled with a cilantro and lime aioli.

SYNFUL BURGERS

$7.5

served on a kaiser bun with house sauce, sweet relish, Spanish onions, butter lettuce, tomato and pickle.

1/3 pound of ground beef:

- **HICKORY SMOKED BACON and WHITE CHEDDAR**
- **MUSHROOMS and ONION RING**
- **VEGGIE with ROASTED PEPPER**
- **BBQ CHICKEN**
- **CHICKEN BREAST 'CLUB'**
- **'STEAK' BURGER** - sliced sirloin steak with spicy chipotle mayo, roasted red onions, oven-dried tomatoes and goat's cheese. - **$10**

choice of soup (chowder or 'kettle'), salad (mixed greens or caesar) or fries . . .add $1.50

BEER ON TAP

LAGERS	$3.63	ALES
VICTORIA LAGER		PIPERS PALE
SLEEMANS HONEY BROWN		ALEXANDER KEITH'S
HERMANNS BARVARIAN DARK		RACE ROCKS
MOLSON CANADIAN		BEACON I.P.A.

IMPORTS

STELLA	GUINNESS	KILKENNY
	$4.49	

ICE-BED MARTINIS

$3.42

S&M
A fusion of vodka, strawberry and mango.

CAESAR'TINI
Gin, clamato, tabasco with Cajun spiced rim.

$4.27

GARDEN OF EDEN
Gin, sour raspberry liqueur and white grape juice.

ORIGINAL SYN
Sour apple liqueur, butter ripple schnapps, white grape juice and grenadine.

SOUR APPLE
Vodka, sour apple liqueur and white grape juice with fresh lime.

KURRANT AFFAIR
Kurrant Vodka, raspberry liqueur, cranberry and lime juice.

PUSSY GALORE
Gin and raspberry liqueur with a champagne float.

'LICK THE RIM'
Stoli Raspberry, sour raspberry liqueur, cranberry and sour cherry lime juice.

CRANTINI
Vodka, a splash of cranberry and lime.

LEMON DROP
Absolute Citron, , Triple Sec, lemonade.

PREMIUM MARTINIS

$5.15

CLASSIC MARTINI
Stoli Vodka or Bombay gin with a splash of vermouth.

COSMOPOLISYN
Stoli, Triple Sec, cranberry and lime.

FORBIDDEN FRUIT
Stoli, banana liqueur, with Malibu and lime juice.

HYPNOTIC TEASE
Stoli, Hypnotic, white cranberry juice and lemon.

KEY LIME PIE
Stoli Vanilla, butter ripple schnapps, pineapple juice and lime cordial.

SOHO SQUEEZE
Stoli, Soho, lemonade, lime.

MARGARITAVILLE
Cuervo Gold with Triple Sec, lime and salted rim.

substitute **Belvedere** or **Grey Goose** for any vodka martini . . . Add $2.50

COCKTAILS

$4.27

WHITESIDE GIN
Gin, gingerale and lime cordial.

SYN'S HARD LEMONADE
Vodka, cranberry and lemonade.

HORSEBITE CAESAR
Vodka, horseradish, clamato and blazebeans.

CRA N LONG ISLAND ICE TEA
A classic Long Island, laced with cranberry.

WINES

Over **15 Wines** by the glass
ranging from **$4** to **$6**